Counseling (COUN)

COUN 3320. Introduction to Counseling and Psychotherapy.
The course is designed for upper-division undergraduates considering a helping profession or who wish to know more about counseling before entering into graduate study. The course offers introduction to counseling, counseling theories, and interpersonal communication skills that facilitate counseling relationships. Repeatable for credit with different emphasis.

about Introduction to Counseling and Psychotherapy
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing
Grade Mode: Standard Letter
about Introduction to Counseling and Psychotherapy

COUN 5158. Group Counseling Pre-Practicum.
This course is an experiential study of group dynamics, processes, and applications. Group stages, tasks and skills of group members and leaders, and the importance of developing an understanding of the therapeutic value of group, are covered. This course involves role-played participation in a group designed to closely resemble a real-life group experience. Students will participate as co-leader as well during the semester. Graded on a credit (CR), no credit (F) basis. Corequisite: COUN 5358.

about Group Counseling Pre-Practicum
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Group Counseling Pre-Practicum

COUN 5178. Independent Study.
Individual problems or research topics designed to place emphasis on selected areas of study. May be repeated twice for additional credit at the discretion of the department chair.

about Independent Study
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Independent Study

COUN 5199B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no-credit (F) basis.

about Thesis
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Thesis

COUN 5299B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no-credit (F) basis.

about Thesis
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Thesis

COUN 5301. Community-based Counseling.
Community-based Counseling is presented as a basis for counselors who intend on working in community counseling agencies. This course includes theoretical and applied information based on a variety of settings, as well as a variety of intervention strategies, presented via didactic and experiential coursework.

about Community-based Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Community-based Counseling

COUN 5305. Assessment in Counseling.
Problems and principles of administration, scoring and interpreting group and individually administered tests; utilization of test data for diagnostic, placement, predictive, and evaluative purposes; elementary statistical procedures; laboratory activities in test administration, scoring, and interpretation.

about Assessment in Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Assessment in Counseling

COUN 5307. Theories of Counseling and Personality.
This course surveys systematically derived theories of counseling and personality from their origins in social discourse, philosophy, and psychology to the present time. Each theorist is presented biographically and the theory considered with regard to its clinical, cultural, and ethical relevance and application to diverse populations. Prerequisite: COUN 5350 preferred.

about Theories of Counseling and Personality
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Theories of Counseling and Personality

COUN 5316. Counseling Diverse Populations.
This seminar is designed to sensitize students to the roles societal power disparities, therapist’s racial identity and awareness, and client racial/cultural identity play in counseling persons of diverse backgrounds. The dynamics of counseling clients who are African-American, Asian-American, female, gay/lesbian, Latino/a, Native-American, and persons with disabilities, will be examined.

about Counseling Diverse Populations
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Multicultural Content
Grade Mode: Standard Letter
about Counseling Diverse Populations

COUN 5326. Introduction to School Counseling: Leadership, Advocacy, and Accountability.
Orientation to identity and role of professional school counselors, and introduction to the study of comprehensive developmental guidance programs. Course reflects the Texas and ASCA Models with related standards. Topics include: program planning, implementation, and evaluation; use of data and accountability; leadership role; and ethical and legal practices in schools.

about Introduction to School Counseling: Leadership, Advocacy, and Accountability
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Introduction to School Counseling: Leadership, Advocacy, and Accountability
COUN 5338. Advanced Issues in School Counseling: Counseling, Consultation, and Coordination of Services.
Course covers advanced topics in counseling children and adolescents in schools. Emphasis will be placed on developmentally appropriate preventative and responsive counseling services. Consultation and collaboration with parents, school personnel, and community partners, as well as contextual issues in school counseling, will be addressed. Prerequisites: COUN 5328, COUN 5316, COUN 5368.
about Advanced Issues in School Counseling: Counseling, Consultation, and Coordination of Services
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

COUN 5340. Loss and Grief Recovery Counseling.
An in-depth study of loss and its aftermath, grief. Emphasis is given to the counseling literature, loss and grief in the arts, personal loss experience, and particular counseling interventions.
about Loss and Grief Recovery Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Advanced Issues in School Counseling: Counseling, Consultation, and Coordination of Services

COUN 5344. Substance Abuse and Counseling: An Introduction.
This course focuses on chemical dependency across counseling settings, including school, agency, and private practice. This course includes theoretical and applied information on causative factors, assessment, and treatment strategies across a variety of settings and populations via didactic and experiential coursework.
about Substance Abuse and Counseling: An Introduction
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5345. Psychodrama Methods.
The course is both didactic and experimental. It provides a history of therapeutic drama beginning with the Greek theater of Dionysus. The work of J.L. Moreno is presented and the basic tenets of the theory studied. Students then engage in creating, producing, and acting out actual psychodramatic productions.
about Psychodrama Methods
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5346. Filial Therapy.
Theoretical and practical application of the filial model will be addressed as well as techniques in training parents in the overall principles and methodology of child-centered play therapy. Graded on a credit (CR), no credit (F) basis. Corequisite: COUN 5689 or COUN 5389 or permission of instructor.
about Filial Therapy
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5350. Professional Orientation and Ethics.
An introduction to the counseling profession as practiced in a variety of clinical and human service settings. Emphasis is placed on the philosophical and psychological foundations of mental health counseling, personal/professional traits and skills of effective counselors, professional ethics, licensure, credentialing and professional regulation, and contemporary professional issues.
about Professional Orientation and Ethics
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5351. Current Issues in Marriage, Couple and Family Therapy.
This course provides students with information regarding special issues in marital, couple and family counseling, including: grief and loss; domestic violence; substance abuse in the family; lesbian, gay, bisexual, and transgender issues; divorce; and re-parenting. Prerequisite: COUN 5367.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5354. Basic Techniques in Counseling.
This course is designed to introduce the student to basic counseling skills via role-play and videotape. The course also provides a general model of effective counseling, including basic communication skills and theory techniques. Prerequisite: COUN 5350 or COUN 5328.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5355. Career Counseling.
Career choice and development are considered as critical aspects of persons in material cultures where occupation is a major component of one’s identity. Career concerns often addressed in counseling are presented and discussed along with the area of vocational guidance, occupational information, and preference inventories.
about Career Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5358. Dynamics & Processes in Group Counseling.
An intensive laboratory experience requiring highly active student participation in the form of honest, direct, and open communication combined with authentic self-exploration within the group setting. Through participation and required reading, students will gain first-hand familiarity with the basic principles of the dynamics that are characteristic of therapeutic groups. Prerequisites: COUN 5354 and COUN 5307.
Corequisite: COUN 5158.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
COUN 5359. Abnormal Human Behavior.
The principles of understanding dysfunction in human behavior and systemic organization. This course includes diagnostic, preventive, and remedial methods and interventions. Prerequisite: COUN 5307.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Abnormal Human Behavior

COUN 5360. Intermediate Methods in Marital, Couple and Family Counseling.
Marital, couple, and family theory and techniques are discussed, selected, applied, and refined through lecture and supervised clinical practice. Specific skills include joining, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5354, COUN 5359, COUN 5367, and COUN 5369.
about Intermediate Methods in Marital, Couple and Family Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Intermediate Methods in Marital, Couple and Family Counseling

Provides experience in supervising practicum or intern students and integrating the theoretical foundations and current issues of professional supervision. Emphasis includes ethical, multicultural, gender, age, and lifestyle concerns in supervisory relationships, and academic requirements for supervisory status for Texas Licensed Professional Counselor and Licensed Specialist in School Psychology credentials. Course can be repeated once for credit. Graded on a credit (CR), no credit (F) basis.
about Practicum in Professional Supervision: Theories and Applications
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Practicum in Professional Supervision: Theories and Applications

Counseling theories and techniques are discussed, selected, applied and refined through lecture and supervised practice. Specific skills include initiating the helping relationship process, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5354 and COUN 5359.
about Intermediate Methods in Adult Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Intermediate Methods in Adult Counseling

COUN 5367. Marital and Family Counseling: Current Theories.
This course is designed to examine the principles of communication and the goals of marital, couple and family counseling. Selected theories, approaches and techniques used in marital, couple and family counseling will be examined.
about Marital and Family Counseling: Current Theories
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Marital and Family Counseling: Current Theories

COUN 5368. Developmental Issues in Counseling Children, Adolescents, and Adults.
Emphasis will be on understanding the interactions between the developmental needs of each of these age groups and counseling techniques and procedures used to deliver mental health services to each of these groups.
about Developmental Issues in Counseling Children, Adolescents, and Adults
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Developmental Issues in Counseling Children, Adolescents, and Adults

COUN 5369. Child and Adolescent Counseling Methods.
Course focus is an overview of counseling interventions with children and adolescents in agency, school, and private practice. Group, individual, and systems techniques will be covered. Assessment of child psychopathology and techniques for consulting with parents will be included. Prerequisites: COUN 5354 and COUN 5368.
about Child and Adolescent Counseling Methods
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Child and Adolescent Counseling Methods

This course will provide an overview of the physical, social, psychological, and behavioral characteristics of the adolescent. This course has a supervised practice experience. Emphasis will be placed on counseling interventions utilizing current research. Prerequisites: COUN 5359 and COUN 5369.
about Intermediate Methods in Counseling Adolescents
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Intermediate Methods in Counseling Adolescents

COUN 5372. Assessment and Treatment in Marriage and Family Counseling.
This course addresses the assessment of individual, couple, and family functioning and the planning and implementation of marital, couple and family treatment methods. Prerequisite: COUN 5367.
about Assessment and Treatment in Marriage and Family Counseling
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
about Assessment and Treatment in Marriage and Family Counseling

COUN 5373. Intermediate Methods in Play Therapy.
This course explores the philosophical basis for play therapy, the history of play therapy, theoretical applications, techniques, stages, ethical issues, and application to a variety of populations and diagnostic categories. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5369 and COUN 5359.
about Intermediate Methods in Play Therapy
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
about Intermediate Methods in Play Therapy
COUN 5378. Problems in Counseling.
Individual problems not related to thesis. Designed to place emphasis on selected areas of study. May be repeated once for additional credit at the discretion of the department chair.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5381. Sandtray Therapy Methods.
This course provides students with the philosophical basis for sandtray therapy as a therapeutic intervention for children and families, including a review of its history, applications, techniques, stages, and ethical issues. Didactic and experiential methods are used. Prerequisite: COUN 5369. Co-requisite: COUN 5389 or COUN 5689 or permission of instructor.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5389. Site-Based Internship.
An on-site practicum-internship occurring in a school or agency setting with supervision by on-site and university supervisors. May be repeated based on the recommendation of the counseling faculty. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5689, recommendation of COUN 5689 supervisor, and consent of COUN 5389 supervisors.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5391. Research Methods.
Research, measurement, and design procedures for addressing issues in school psychology, counseling, and education. A research project is required of each student.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5399A. Thesis.
This course represents a student’s initial thesis enrollment. No thesis credit is awarded until student has completed the thesis in COUN 5399B. Graded on a credit (CR), progress (PR), no credit (F) basis.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5399B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no-credit (F) basis.
5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 55689. Clinical Practicum.
This practicum includes counseling clients in university-affiliated counseling clinics, and a staffing seminar. May be taken up to three times (18 credit hours) based on the recommendation of the counseling faculty. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5301, COUN 5358, and all required coursework completed or departmental permission.
6 Credit Hours. 3 Lecture Contact Hours. 3 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5999B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no-credit (F) basis.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit