COUNSELING (COUN)

COUN 3320. Introduction to Counseling and Psychotherapy.
The course is designed for upper-division undergraduates considering
a helping profession or who wish to know more about counseling
before entering into graduate study. The course offers introduction
to counseling, counseling theories, and interpersonal communication
skills that facilitate counseling relationships. Repeatable for credit with
different emphasis.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing
Grade Mode: Standard Letter

COUN 5178. Independent Study.
Individual problems or research topics designed to place emphasis on
selected areas of study. May be repeated twice for additional credit at the
discretion of the department chair.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5199B. Thesis.
This course represents a student’s continuing thesis enrollments. The
student continues to enroll in this course until the thesis is submitted for
binding.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5299B. Thesis.
This course represents a student’s continuing thesis enrollments. The
student continues to enroll in this course until the thesis is submitted for
binding.
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5301. Professional Counseling Orientation.
This course is presented as a basis for future counselors to understand
community counseling agencies, standards of preparation, and the role
identity of persons providing direct counseling treatment interventions.
This course includes information on the licensure process, professional
organizations, ethical and legal aspects of practice, advocacy processes,
and theoretical/applied information.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5305. Assessment in Counseling.
Problems and principles of administration, scoring and interpreting group
and individually administered tests; utilization of test data for diagnostic,
placement, predictive, and evaluative purposes; elementary statistical
procedures; laboratory activities in test administration, scoring, and
interpretation.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5307. Theories of Counseling and Personality.
This course surveys systematically derived theories of counseling
and personality from their origins in social discourse, philosophy, and
psychology to the present time. Each theorist is presented biographically
and the theory considered with regard to its clinical, cultural, and ethical
relevance and application to diverse populations.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5316. Counseling Diverse Populations.
This seminar is designed to sensitize students to the roles societal power
disparities, therapist’s racial identity and awareness, and client racial/
cultural identity play in counseling persons of diverse backgrounds.
The dynamics of counseling clients who are African-American, Asian-
American, female, gay/lesbian, Latino/a, Native-American, and persons
with disabilities, will be examined. (MULT).
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Multicultural Content
Grade Mode: Standard Letter

COUN 5328. Professional Orientation in School Counseling: Leadership,
Advocacy, and Accountability.
Orientation to identity and role of professional school counselors, and
introduction to the study of comprehensive developmental guidance
programs. Course reflects the Texas and ASCA Models with related
standards. Topics include: program planning, implementation, and
evaluation; use of data and accountability; leadership role; and ethical
and legal practices in schools.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5330. Assessment Applications in Child & Adolescent Counseling.
This course emphasizes a hands-on approach to the assessments
most frequently used by school counselors and child and adolescent
counselors. Topics include assessment measures, statistical and
research concepts, program evaluation and interpretation. Implications
for counseling are also addressed. Prerequisites: COUN 5328 and
COUN 5368 both with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5338. Advanced Issues in School Counseling: Counseling,
Consultation, and Coordination of Services.
Course covers advanced topics in counseling children and adolescents
in schools. Emphasis will be placed on developmentally appropriate
preventative and responsive counseling services. Consultation and
collaboration with parents, school personnel, and community partners,
as well as contextual issues in school counseling, will be addressed.
Prerequisites: COUN 5316 and COUN 5328 and COUN 5368 all with
grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5340. Loss and Grief Recovery Counseling.
An in-depth study of loss and its aftermath, grief. Emphasis is given
to the counseling literature, loss and grief in the arts, personal loss
experience, and particular counseling interventions.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
COUN 5344. Substance Abuse and Counseling: An Introduction.
This course focuses on chemical dependency across counseling settings, including school, agency, and private practice. This course includes theoretical and applied information on causative factors, assessment, and treatment strategies across a variety of settings and populations via didactic and experimental coursework.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5345. Psychodrama Methods.
The course is both didactic and experimental. It provides a history of therapeutic drama beginning with the Greek theater of Dionysus. The work of J.L. Moreno is presented and the basic tenets of the theory studied. Students then engage in creating, producing, and acting out actual psychodramatic productions.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5346. Filial Therapy.
Theoretical and practical application of the filial model will be addressed as well as techniques in training parents in the overall principles and methodology of child-centered play therapy. Corequisite: COUN 5389 or COUN 5689 either with a grade of "C" or better or instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5347. Psychopathology in Clinical Mental Health Counseling.
This course explores the principles of dysfunction in human behavior and systemic organization. This course includes diagnostic, preventive, and remedial methods and interventions.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5348. Dynamics & Processes in Group Counseling.
Students will develop knowledge and skills in the basic principles of the dynamics that are characteristic of therapeutic groups. This course is an academic and clinical experience requiring highly active student participation in the form of honest, direct, and open communication combined with authentic self-exploration within the group setting. Corequisite: COUN 5354 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5349. Career Counseling.
Career choice and development are considered as critical aspects of persons in material cultures where occupation is a major component of one's identity. Career concerns often addressed in counseling are presented and discussed along with the area of vocational guidance, occupational information, and preference inventories.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5350. Advanced Counselor Ethics.
This course focuses on ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling settings. Emphasis is placed on national and current state board rules, records management, strategies for personal and professional self-evaluation, implications for practice, and client and professional advocacy.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5351. Current Issues in Marriage, Couple and Family Therapy.
This course provides students with information regarding special issues in marital, couple and family counseling, including: grief and loss; domestic violence; substance abuse in the family; lesbian, gay, bisexual, and transgender issues; divorce; and re-parenting. Prerequisite: COUN 5316 with a grade of "B" or better and COUN 5367 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

Provides experience in supervising practicum or intern students and integrating the theoretical foundations and current issues of professional supervision. Emphasis includes ethical, multicultural, gender, age, and lifestyle concerns in supervisory relationships, and academic requirements for supervisory status for Texas Licensed Professional Counselor and Licensed Specialist in School Psychology credentials. Course can be repeated once for credit.
3 Credit Hours. 1 Lecture Contact Hour. 2 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5354. Basic Counseling Skills and Abnormal Behavior.
This course is designed to introduce the student to basic counseling skills via role-play and videotape. The course also provides a general model for assessing abnormal behavior of clients and effective skills to elicit identifying behavior. Prerequisites: COUN 5307 and COUN 5350 and [COUN 5301 or COUN 5328] all with grades of "C" or better. Corequisite: COUN 5328.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5355. Career Counseling.
Career choice and development are considered as critical aspects of persons in material cultures where occupation is a major component of one's identity. Career concerns often addressed in counseling are presented and discussed along with the area of vocational guidance, occupational information, and preference inventories.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5356. Intermediate Methods in Marital, Couple and Family Counseling.
Marital, couple, and family theory and techniques are discussed, selected, applied, and refined through lecture and supervised clinical practice. Specific skills include joining, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5316 and COUN 5359 and COUN 5367 and COUN 5369 all with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5357. Basic Counseling Skills and Abnormal Behavior.
This course is designed to introduce the student to basic counseling skills via role-play and videotape. The course also provides a general model for assessing abnormal behavior of clients and effective skills to elicit identifying behavior. Prerequisites: COUN 5307 and COUN 5350 and [COUN 5301 or COUN 5328] all with grades of "C" or better. Corequisite: COUN 5328.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5358. Dynamics & Processes in Group Counseling.
Students will develop knowledge and skills in the basic principles of the dynamics that are characteristic of therapeutic groups. This course is an academic and clinical experience requiring highly active student participation in the form of honest, direct, and open communication combined with authentic self-exploration within the group setting. Corequisite: COUN 5354 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5359. Psychopathology in Clinical Mental Health Counseling.
This course explores the principles of dysfunction in human behavior and systemic organization. This course includes diagnostic, preventive, and remedial methods and interventions.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5360. Intermediate Methods in Marital, Couple and Family Counseling.
Marital, couple, and family theory and techniques are discussed, selected, applied, and refined through lecture and supervised clinical practice. Specific skills include joining, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Graded on a credit (CR), no credit (F) basis. Prerequisites: COUN 5316 and COUN 5359 and COUN 5367 and COUN 5369 all with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

Provides experience in supervising practicum or intern students and integrating the theoretical foundations and current issues of professional supervision. Emphasis includes ethical, multicultural, gender, age, and lifestyle concerns in supervisory relationships, and academic requirements for supervisory status for Texas Licensed Professional Counselor and Licensed Specialist in School Psychology credentials. Course can be repeated once for credit.
3 Credit Hours. 1 Lecture Contact Hour. 2 Lab Contact Hours.
Grade Mode: Credit/No Credit

Counseling theories and techniques are discussed, selected, applied and refined through lecture and supervised practice. Specific skills include initiating the helping relationship process, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Prerequisites: COUN 5316 and COUN 5354 and COUN 5359 all with grades of "B" or better.
3 Credit Hours. 1 Lecture Contact Hour. 2 Lab Contact Hours.
Grade Mode: Credit/No Credit
COUN 5367. Marital and Family Counseling: Current Theories.
This course is designed to examine the principles of communication and the
goals of marital, couple and family counseling. Selected theories,
approaches and techniques used in marital, couple and family counseling
will be examined.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5368. Developmental Issues in Counseling Children, Adolescents,
and Adults.
Emphasis will be on understanding the interactions between the
developmental needs of each of these age groups and counseling
techniques and procedures used to deliver mental health services to each
of these groups.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5369. Child and Adolescent Counseling Methods.
Course focus is an overview of counseling interventions with children
and adolescents in agency, school, and private practice. Group,
individual, and systems techniques will be covered. Assessment of child
psychopathology and techniques for consulting with parents will be
included. Prerequisites: COUN 5354 and COUN 5368 both with grades of
"C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course will provide an overview of counseling interventions with
children and adolescents in agency, school, and private practice. Group,
individual, and systems techniques will be covered. Assessment of child
psychopathology and techniques for consulting with parents will be
included. Prerequisites: COUN 5316 and COUN 5359 and COUN 5369 all with grades of "B" or better.
3 Credit Hours. 1 Lecture Contact Hour. 2 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5371. Assessment and Treatment in Marriage and Family
Counseling.
This course addresses the assessment of individual, couple, and family
functioning and the planning and implementation of marital, couple and
family treatment methods. Prerequisite: COUN 5367 with a grade of "C" or
better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course explores the philosophical basis for play therapy, the history
of play therapy, theoretical applications, techniques, stages, ethical
issues, and application to a variety of populations and diagnostic
categories. Prerequisite: COUN 5316, COUN 5354, COUN 5359 and
COUN 5369.
3 Credit Hours. 1 Lecture Contact Hour. 2 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5373. Grade Mode:
Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
COUN 5369.
This course explores the philosophical basis for play therapy, the history
of play therapy, theoretical applications, techniques, stages, ethical
issues, and application to a variety of populations and diagnostic
categories. Prerequisite: COUN 5316, COUN 5354, COUN 5359 and
COUN 5369.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5375. Grade Mode:
Intermediate Methods in School Counseling.
This course emphasizes the skills needed to work with school aged
children (Pre-K - 12). Students will learn counseling interventions specific
to school aged children, and they will work with one student over the
course of the semester. In addition, students will lead one group outside
of the class in order to receive full credit for the course. Prerequisites:
COUN 5328 and COUN 5368 both with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5376. Developmental Issues in Counseling Children, Adolescents,
and Adults.
Emphasis will be on understanding the interactions between the
developmental needs of each of these age groups and counseling
techniques and procedures used to deliver mental health services to each
of these groups.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5377. Assessment and Treatment in Marriage and Family
Counseling.
This course addresses the assessment of individual, couple, and family
functioning and the planning and implementation of marital, couple and
family treatment methods. Prerequisite: COUN 5367 with a grade of "C" or
better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5378. Problems in Counseling.
Individual problems not related to thesis. Designed to place emphasis on
selected areas of study. May be repeated once for additional credit at the
discretion of the department chair.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5379. Introduction to Animal-Assisted Counseling.
Animal-assisted counseling (AAC) is a goal-directed process in which
a trained therapy animal works in partnership with a counselor to help
clients resolve psychosocial challenges and achieve growth. This course
will provide an introduction to the AAC field, the human-animal bond,
evidence-based research in AAC, and positive training approaches.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5380. Sandtray Therapy Methods.
This course provides students with the philosophical basis for sandtray
therapy as a therapeutic intervention for children and families, including a
review of its history, applications, techniques, stages, and ethical issues.
Didactic and experiential methods are used. Prerequisite: COUN 5369
with a grade of "C" or better. Co-requisite: COUN 5389 or COUN 5689
either with a grade of "C" or better or instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5381. Site-Based Internship.
An on-site practicum-internship occurring in a school or agency setting
with supervision by on-site and university supervisors. May be repeated
based on the recommendation of the counseling faculty. Prerequisites:
COUN 5369 with a grade of "C" or better and instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing
Grade Mode: Credit/No Credit

Individual problems not related to thesis. Designed to place emphasis on
selected areas of study. May be repeated once for additional credit at the
discretion of the department chair.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5383. Research Methods.
This course provides an understanding of research methods and design,
statistical analysis, needs assessment, and program evaluation relevant
to the field of professional counseling.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
COUN 5394. Counseling Women.
This elective course involves student exploration of gender in historical, social, and global contexts with emphasis on counseling approaches and interventions specific to the concerns of women and girls. Topics include gender development, gender socialization, sexuality, career and family, violence against women, body image concerns, and overall women's mental health.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5399A. Thesis.
This course represents a student's initial thesis enrollment. No thesis credit is awarded until student has completed the thesis in COUN 5399B.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5399B. Thesis.
This course represents a student's continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5599B. Thesis.
This course represents a student's continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5689. Clinical Practicum.
This practicum involves providing supervised counseling services to clients in university-affiliated counseling clinics, and a staffing seminar. It may be taken up to three times (18 credit hours) based on the recommendation of the counseling faculty. Prerequisites: Instructor approval.
6 Credit Hours. 3 Lecture Contact Hours. 3 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing
Grade Mode: Credit/No Credit

COUN 5999B. Thesis.
This course represents a student's continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit