**Health Education (H ED)**

**H ED 1310. Foundations of Personal Health.**
Course provides an introduction to personal health, acquainting students with the understanding that the decisions they make affect health of self, families, friends, and communities. An emphasis will be placed on health trends and health behaviors.

*about Foundations of Personal Health*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
TCCN: PHED 1304

**H ED 1320. Introduction to Health and Wellness Promotion.**
This course addresses concepts essential to understanding the discipline of Health and Wellness Promotion, including competencies and career opportunities for health education specialists in school and community settings.

*about Introduction to Health and Wellness Promotion*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**H ED 2338. Contemporary Issues in Drug Prevention.**
This course explores the impact of drug use and abuse on society and provides students with a critical perspective of drug-related problems. Course content includes statistics and up-to-date information on current topics in drug issues and drug prevention interventions.

*about Contemporary Issues in Drug Prevention*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
TCCN: PHED 1346

**H ED 2340. Community Health.**
This course acquaints students with issues, trends, and developments, and principles in community health. The course also provides an overview of selected topics, such as epidemiology, community organization, and program planning. Prerequisite or co-requisite: H ED 1320.

*about Community Health*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**H ED 2354. Emergency Response and Safety Education.**
This course prepares students to respond to and adequately care for life-threatening and non-life-threatening emergencies. The course includes lecture and laboratory activities. Emphasis is placed on healthy lifestyles and safety practices. Students can earn Cardiopulmonary Resuscitation and Responding to Emergencies certification.

*about Emergency Response and Safety Education*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
TCCN: PHED 1306

**H ED 3301. Environmental Health Issues.**
An examination of the ecological impact resulting from contemporary sociopolitical action and its resulting influence on human health.

*about Environmental Health Issues*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**H ED 3315. Statistical Analysis and Interpretation in Health and Wellness Promotion.**
This course emphasizes analysis and interpretation of health-related data. Descriptive and inferential statistics (including measures of central tendency and variability, estimation, ANOVA, and regression) will be used to understand factors associated with current health-related issues.

*Prerequisites: “C” or better in H ED 1320, H ED 2340, and MATH 1315, MATH 2417 or MATH 2471. (WI).*

*about Statistical Analysis and Interpretation in Health and Wellness Promotion*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter

**H ED 3321. Health in the Elementary Setting.**
Course offers a foundation in health methods and activities to provide resources for the elementary school teacher. Provides an overview of current school health issues: Coordinated School Health Programs, mental health, personal health, family life, substance abuse, and violence in the elementary setting.

*about Health in the Elementary Setting*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**H ED 3331. Health Education in the Secondary School Setting.**
Course offers a foundation of health methods and theory with activities to provide resources needed to become successful secondary school educators. The course will provide an overview of current secondary school health issues, such as mental health, personal health, family life, substance abuse, and violence.

*about Health Education in the Secondary School Setting*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter

**H ED 3342. Adolescent and School Health Programs.**
Course will provide an understanding of function and scope of the Coordinated School Health Program (CSHP) model. Students investigate how schools function in solving youths’ health problems, and focus on how child and adolescent stakeholders and communities are involved in CSHP. (WI).

*about Adolescent and School Health Programs*

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter
Course provides an overview of the etiology of communicable and chronic diseases. Special emphasis will be on health promotion activities to reduce the incidence of disease in communities and society. about Prevention of Disease

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 3350. Consumer Health.
Course focuses on consumer health and making wise decisions regarding selection of health products and services. Students will learn how to effectively evaluate health information. Special emphasis is placed on becoming a health-literate consumer, understanding legislation, and investigating products and services. about Consumer Health

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 3360. Sexuality Education.
Course provides a study of sexuality education as a lifelong process of acquiring information and forming healthy attitudes, beliefs, and values regarding sexuality. Students will access information and educational resources for implementing and advocating for sexuality instruction through health courses, sexuality education courses, and programs. about Sexuality Education

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 3374. Interprofessional Service Learning in Global Health.
This course focuses on principles of international health and wellness promotion with global populations. Emphasis is placed on assessing, planning, implementing, and evaluating prevention strategies. Students explore roles of health educators collaborating with providers of health services to diverse populations. Prerequisite: H ED 2340 with a grade of “B” or better; repeatable for credit. about Interprofessional Service Learning in Global Health

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 3376. Worksite Health Promotion.
The purpose of this course is to introduce students to worksite health promotion. The focus of the course will be on planning, implementing, and evaluating worksite health promotion programs. The course will also address other contemporary health issues, policies, and considerations that affect worksite health promotion. about Worksite Health Promotion

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 4100. Professional Development in Health and Wellness Promotion.
This one-hour seminar course provides the opportunity for students to obtain a community or clinically-based health promotion internship and to actively participate in health promotion-related professional development activities including conferences, development of resumes and interaction with health professionals. Course to be taken the semester immediately preceding the internship (H ED 4660). Prerequisite or co-requisite: H ED 4640 with a “C” or better; Senior Classification required. about Professional Development in Health and Wellness Promotion

1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Standard Letter

Course offers an introduction to research and theories in health and wellness promotion. Special emphasis will be on community health interventions. Students will study theory and practice to understand successful and effective health education interventions. Prerequisite: H ED 1320 and H ED 2340 with grades of C or better. about Theoretical Foundations of Health and Wellness Promotion

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 4340. Principles of Community Health Education and Promotion.
This course examines theory and principles for development of community health education and promotion programs. Content includes cultural health beliefs, theories, and communication methods and techniques. Prerequisite: H ED 2340 with C or better. Co-requisite: H ED 4350. (WI). about Principles of Community Health Education and Promotion

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter

H ED 4347. Independent Study in Health and Wellness Promotion.
Designed for undergraduate students who display potential for independent research in health and wellness promotion. Students work individually with faculty to develop an independent research study/project in Health and Wellness Promotion. Open on an individual basis by arrangement with the division chair. May be repeated for credit with different emphasis. about Independent Study in Health and Wellness Promotion

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing
Grade Mode: Standard Letter

H ED 4350. Community Health Analysis.
This is a survey course that focuses on evaluating community health needs; data-gathering techniques; instrument design; using data and statistics; and interpreting, reporting, and applying the findings for program development. Prerequisite: H ED 2340 with C or better. Corequisite: H ED 4340. about Community Health Analysis

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
H ED 4640. Community Health Program Planning and Evaluation.
Course addresses application of professional competencies in health education and promotion programs. Topics include needs assessment, data gathering techniques, instrument design, data and statistics, interpreting, reporting, and application of findings for program development. Cultural competency and communication will also be covered. Prerequisites: H ED 1320, H ED 2340, and H ED 4336 with grades of "C" or better. Senior classification required.
About Community Health Program Planning and Evaluation
6 Credit Hours. 6 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter
About Community Health Program Planning and Evaluation

H ED 4660. Internship in Health and Wellness Promotion.
This course involves the application of health education concepts to a community health setting. Students participate in the work of a health organization/agency and complete a semester-long project (480 hours).
Prerequisites: Completion of all other courses required for the degree, H ED 4100 and H ED 4640 with grades of "C" or better, an overall GPA of 2.5, and department approval. (WI).
About Internship in Health and Wellness Promotion
6 Credit Hours. 0 Lecture Contact Hours. 18 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing|Writing Intensive
Grade Mode: Standard Letter
About Internship in Health and Wellness Promotion

H ED 5101. Graduate Assistant Development.
This course is required of all graduate teaching and instructional assistants in HPER. This course provides regular in-service and planned periodic evaluations of instructional responsibilities. Graduate assistants will be required to register for this course in the fall semester of their employment. This course does not earn graduate credit. Graded on a credit (CR), no-credit (F) basis.
About Graduate Assistant Development
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Course Attribute(s): Graduate Assistantship|Exclude from Graduate GPA
Grade Mode: Leveling/Assistantships
About Graduate Assistant Development

H ED 5199B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.
About Thesis
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
About Thesis

H ED 5201. Graduate Assistant Development.
This course is required of all graduate teaching and instructional assistants in HPER. This course provides regular in-service and planned periodic evaluations of instructional responsibilities. Graduate assistants will be required to register for this course in the fall semester of their employment. This course does not earn graduate credit. Graded on a credit (CR), no-credit (F) basis.
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Graduate Assistantship|Exclude from Graduate GPA
Grade Mode: Leveling/Assistantships
About Graduate Assistant Development

H ED 5299B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.
About Thesis
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
About Thesis

H ED 5310. History and Philosophy of Health Education.
Intensive study of historical and philosophical contributions to health promotion program development. Current political issues, public health issues, and influential cultural changes are examined.
About History and Philosophy of Health Education
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
About History and Philosophy of Health Education

H ED 5312. Reading, Writing, and Understanding Research in Health and Wellness Promotion.
This course provides practical experience in technical and professional writing skills. In addition, techniques to read and understand research in health and wellness promotion will be presented. Understanding application of research in school, community, and public health programs will be emphasized.
About Reading, Writing, and Understanding Research in Health and Wellness Promotion
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
About Reading, Writing, and Understanding Research in Health and Wellness Promotion

H ED 5315. Application of Quantitative Data Analysis in Health and Wellness Promotion (Research II).
This course focuses on the study of introductory and intermediate statistics and procedures. Emphasis will be placed on the application level of statistics rather than the theoretical and will highlight a) how to apply statistical models, b) how to perform the analyses with social science software, and c) how to interpret findings.
About Application of Quantitative Data Analysis in Health and Wellness Promotion (Research II)
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
About Application of Quantitative Data Analysis in Health and Wellness Promotion (Research II)
H ED 5320. Foundation of Public Health.  
In-depth study of past and current public health programs. Department of Health Services personnel will be utilized as guest consultants to familiarize students with various existing health programs for Texas residents.  
about Foundation of Public Health  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Foundation of Public Health

H ED 5321. Theoretical Foundations of Health Education.  
This course focuses on the presentation and critical analysis of the role of theory in health education, the description of different theories being utilized in health education research and interventions, and the application of these theories to interventions and research.  
about Theoretical Foundations of Health Education  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Theoretical Foundations of Health Education

H ED 5325. Ethical Principles in Health Education.  
This course provides an in-depth analysis of ethical standards, principles, and behaviors related to the field of health education. Students will explore how to apply, monitor, and model ethical standards in the profession.  
about Ethical Principles in Health Education  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Ethical Principles in Health Education

H ED 5330. Topics in Health Education.  
Topics: 5330A Advanced teaching strategies. 5330B Curriculum development. 5330C Other topics as needed. May be repeated once with a different emphasis for additional credit.  
about Topics in Health Education  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Topics in Health Education

H ED 5331. Seminar in Current Problems in Health Education.  
Current national and international trends and problems in health that affect the school age group. May be repeated once with different emphasis for additional credit.  
about Seminar in Current Problems in Health Education  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Seminar in Current Problems in Health Education

H ED 5335. Health Education Leadership.  
Structured experiences for developing administrative leadership for health education programs. Included are leadership philosophy, staffing, programming, budgeting, public relations, facilities, and evaluations.  
about Health Education Leadership  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Health Education Leadership

H ED 5340. Community Health Program Planning and Evaluation.  
Course addresses application of professional competencies in health education and promotion programs. Topics include needs assessment, data gathering techniques, instrument design, data and statistics, interpreting, reporting, and application of findings for program development. Cultural competency and communication will also be covered.  
about Community Health Program Planning and Evaluation  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Community Health Program Planning and Evaluation

H ED 5345. Issues in Human Sexuality Education.  
This course provides for in depth study of sexuality education as a lifelong process of acquiring information and forming healthy attitudes, beliefs, and values regarding sexuality. Students will analyze information and educational resources for implementing and advocating for sexuality instruction through health courses, sexuality education courses, and programs.  
about Issues in Human Sexuality Education  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Issues in Human Sexuality Education

H ED 5346. Literature and Research in Health and Wellness Promotion (Research I).  
This course focuses on research models commonly used in health and wellness promotion. Students will learn how to design research studies using accepted research methods in the social sciences. In addition, students will write the introduction, literature review, and methods sections common in health and wellness promotion research.  
about Literature and Research in Health and Wellness Promotion (Research I)  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Literature and Research in Health and Wellness Promotion (Research I)

H ED 5347. Independent Study in Health Education Problems.  
Allows for independent study of one or more problems in health education that hold special interest or offer opportunity for professional improvement and growth. Open on an individual basis by special arrangement with the Division Coordinator. Repeatable once with a different emphasis. Prerequisite: H ED 5346.  
about Independent Study in Health Education Problems  
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Independent Study in Health Education Problems

H ED 5360. Internship in Health Education.  
As an essential element in the preparation of health education specialists, this 240-hour internship provides students with professionally related experience. Students may work with diverse target audiences in health education settings. Internship is approved and supervised by health education graduate coordinator.  
about Internship in Health Education  
3 Credit Hours. 0 Lecture Contact Hours. 20 Lab Contact Hours.  
Grade Mode: Standard Letter  
about Internship in Health Education
H ED 5374. Interprofessional Service Learning in Global Health.
This advanced course focuses on principles of international health and wellness promotion with global populations. Emphasis is placed on assessing, planning, implementing, and evaluating prevention strategies. Students explore roles of health educators collaborating with providers of health services to diverse populations. The course may be repeated for credit.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5399A. Thesis.
This course represents a student’s initial thesis enrollment. No thesis credit is awarded until student has completed the thesis in H ED 5399B. Graded on a credit (CR), progress (PR), no credit (F) basis. Prerequisite: H ED 5346.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5399B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5599B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.

5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5999B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.

9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit