RECREATION (REC)

REC 1310. Introduction to Recreation and Leisure Services.
Introduction to recreation, includes brief historical backgrounds, professional opportunities, present status, past and present leaders. Role of leisure time in our social structure, professional responsibility, familiarization with current issues and trends, and professional literature. Lecture and field trips. A grade of "C" or better in this course is required to enroll in any upper division Recreational Administration courses.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
TCCN: PHED 1336

REC 1330. Leisure and Outdoor Recreation.
This course provides students with an overview of the role the natural world plays in recreation and leisure services. The course will focus on values of outdoor recreation, adventure recreation, environmental impact, and the role of government in the provision and protection of outdoor recreation programs and resources.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 1370. Introduction to Therapeutic Recreation.
This course surveys history, philosophy, terminology and professional opportunities in therapeutic recreation. The role of leisure and therapeutic recreation in enhancing quality of life is explored.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 2330. Leadership in Recreation and Leisure Services.
Discussion of leadership theories and skill development for indoor-outdoor games and sports. Teaching activities to develop skill in programming various indoor/outdoor recreational settings.
3 Credit Hours. 2 Lecture Contact Hours. 2 Lab Contact Hours.
Grade Mode: Standard Letter

REC 2335. Recreation Program Development.
This course introduces students to basic principles and procedures for developing recreation programs that respond to human needs. This course provides students with opportunities to acquire and utilize recreation programming skills through practical application. Prerequisite: REC 1310 with a grade of "C" or better and REC 2330 with a grade of "D" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
TCCN: PHED 1336

REC 2336. Directed Field Experience in Programming Recreation.
Students participate in programming and leadership with a selected recreation agency. Online learning modules and communications guide the work and professional reflections. Prerequisite: REC 2335 with a grade of "C" or better and a minimum 2.0 Texas State GPA.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 2370. Practices and Interventions in Therapeutic Recreation.
Students engage in classroom content and service learning to develop knowledge and skills in facilitation techniques used in a variety of therapeutic recreation settings. Prerequisites: REC 1310 and REC 1370 both with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 2 Lab Contact Hours.
Grade Mode: Standard Letter

REC 3325. Recreation Administration.
This course covers administrative practices relevant to entry-level professionals in the recreation industry. Topics include foundations of management, decision-making, planning, coordination of resources, and ethics in the public recreation sector. Prerequisite: REC 2335 with a grade of "C" or better and [MATH 1312 or MATH 1315 or MATH 1317 or MATH 1319 or MATH 1329 or MATH 2321 or MATH 2417 or MATH 2471 or HON 2302A] with a grade of "D" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 3335. Advanced Recreation Program Development.
Students will develop advanced program planning skills through the integration of theories and models of program development, consideration of diverse target markets, performing needs assessments, and planning for risk management issues. Students will apply these planning skills through an applied project. Prerequisite: REC 2335 with a grade of "C" or better. (WI).
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter

REC 3340. Design and Maintenance of Recreational Facilities.
Introduce theories and provide practical experience in the design, development, operation, maintenance, administration of various recreational facilities. Prerequisite: REC 2335 with a grade of "D" or better.
3 Credit Hours. 2 Lecture Contact Hours. 2 Lab Contact Hours.
Grade Mode: Standard Letter

Methods, techniques and application of the evaluation process related to a wide variety of leisure service functions: clientele and prospective participants, programs, personnel, facilities, organizations and literature. Prerequisite: REC 2335 with a grade of "D" or better. (WI).
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Writing Intensive
Grade Mode: Standard Letter

REC 3370. Assessment and Documentation in Therapeutic Recreation.
This course introduces students to selecting, utilizing, and interpreting assessment instruments, and to the processes used to document assessment results and client progress used in therapeutic recreation practice. Prerequisite: REC 1370 with a grade of "C" or better and HIM 2360 with a grade of "D" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
REC 4320. Therapeutic Recreation and People with Psychiatric Conditions.
Students will gain a theoretical and practical foundation for applying the therapeutic recreation process with persons with psychiatric conditions. Focus will be on the development of skills necessary to implement evidence-based interventions aimed at behavior change. Prerequisites: PSY 3300 and PSY 3315 and REC 1370 and REC 2370 and REC 3370 all with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 4330. Entrepreneurial Recreation Management.
This course provides a study of the scope and the entrepreneurial management of leisure services. The focus will be on financial management related to profit centers including planning, legal liability, record keeping, and revenue management. Prerequisite: REC 2335 with a grade of "D" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 4335. Outdoor Recreation Programming.
Students apply principles and procedures for developing and leading recreation programs in a variety of specialized, outdoor environments. Students will demonstrate competencies for Leave No Trace certification. Course is taught in cooperation with the Texas State University–Outdoor Center. Prerequisites: REC 1330 and REC 2335 both with grades of "D" or better or instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 4337. Independent Study in Recreation Administration.
This course consists of individual study related to recreation administration under direct supervision of a faculty member. (WI).
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing|Writing Intensive
Grade Mode: Standard Letter

REC 4350. Theories and Methods of Supervision in Recreation and Leisure Services.
This course presents theories and methods relating to recruitment, selecting, hiring, training, disciplining, and discharging employees. This course also addresses legal issues related to personnel supervision. Prerequisite: REC 2335 with a grade of "D" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 4370. Principles of Therapeutic Recreation.
This course will cover the principles of therapeutic recreation services including comprehensive program planning, administrative processes, and issues related to professionalism. Prerequisites: REC 2370 and REC 3370 both with grades of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 4380. Seminar in Recreation.
This capstone seminar addresses trends in leisure services. Emphasis is on the interactional effects of diverse services, consumers, and environments. Taken in the fall or spring semester immediately preceding enrollment in REC 4680 or REC 4681. (WI) Prerequisite: Instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Exclude from 3-peat Processing|Writing Intensive
Grade Mode: Standard Letter

REC 4680. Internship in Recreation Administration.
This internship involves full time work (minimum 400 hours) during which a student will complete administrative tasks in an approved parks and recreation agency. The work is co-supervised by faculty and an agency representative trained in the recreation field. Prerequisites: REC 2336 and REC 3325 and REC 4380 all with grades of "C" or better and a minimum 2.25 major GPA.
6 Credit Hours. 0 Lecture Contact Hours. 30 Lab Contact Hours.
Grade Mode: Standard Letter

REC 4681. Internship in Therapeutic Recreation.
This internship involves experiential learning over a long semester during which a student will work fulltime (a minimum of 560 hours) in a therapeutic recreation setting under direct professional supervision by a CTRS and faculty member with CTRS credentials. Prerequisites: REC 1310 and REC 1370 and REC 2335 and REC 2336 and REC 2370 and REC 3325 and REC 3370 and REC 4320 and REC 4370 and REC 4380 all with grades of "C" or better and a minimum 2.25 major GPA.
6 Credit Hours. 0 Lecture Contact Hours. 35 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5199B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5299B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

To introduce and explore the meanings of leisure, leisure behavior, and leisure services from historical, philosophical, sociological, and political perspectives. Students will develop a philosophical view of leisure based on exploration of the history of leisure and the leisure profession as well as consideration of the nature of the individual and society.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
REC 5318E. Physical environment, life and leisure I: Built public spaces and the leisure experience.

The physical environment is not only a container of human action, it is also itself experienced by people. This course will examine how the human-made environment is a source of meaning and experience and suggest, consequently, how it can be modeled to facilitate preferences by users. Open to non-majors.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Course Attribute(s): Topics

Grade Mode: Standard Letter

REC 5318L. Outdoor Recreation Leadership and Administration.

Students will become knowledgeable of the theoretical foundations of outdoor and adventure recreation programming and sustainable ecotourism. Principles and procedures for developing and leading recreation programs in a variety of specialized, outdoor environments will be studied. Leave No Trace competency and outdoor skills will be analyzed and demonstrated in outdoor settings.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Course Attribute(s): Exclude from 3-peat Processing|Topics

Grade Mode: Standard Letter

REC 5318M. Programming for Active Older Adults.

Individuals who work in leisure and aging focus on enhancing the quality of life for individuals aged 55 and over. The population of persons over the age of 65 is growing rapidly and in the US the ‘older adult’ population now includes members from three distinct age cohort group.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Course Attribute(s): Exclude from 3-peat Processing|Topics

Grade Mode: Standard Letter


A seminar style course where students investigate current events on the provision of services. This course will address that need.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5325. Philosophical Foundations of Therapeutic Recreation.

Course examines the history, theory, and philosophy of therapeutic recreation such as service models, standards, and legislation. The use of therapeutic recreation in supporting the attainment and maintenance of well-being of people with differing characteristics and abilities is explored in a variety of service settings. Prerequisite: Instructor approval.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter


This course provides an in-depth examination of the therapeutic recreation process with a focus on planning and implementation of individualized services and supports for persons with disabling conditions. Therapeutic recreation practice concepts of interventions, modalities, instruction, leadership, supervision, and leisure counseling are explored. Prerequisite: REC 5325 with a grade of "C" or better. Corequisite: REC 5327.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5327. Advanced Assessment and Documentation in Therapeutic Recreation.

This course provides an in-depth examination of the assessment and documentation phases of the therapeutic recreation process. Students will administer, score, interpret, and report standardized and specialized assessment instruments and documentation methods. Prerequisite: REC 5325 with a grade of "C" or better. Corequisite: REC 5326.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5328. Advanced Principles of Therapeutic Recreation.

In this course students apply advanced principles of therapeutic recreation related to persons with psychological disorders and physical disabilities. The course engages students in advanced case study design and implementation of treatment plan utilizing a transdisciplinary approach to rehabilitation. Prerequisites: REC 5326 with a grade of "C" or better.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5329. Therapeutic Recreation in Psychiatric Settings.

In this course students apply advanced principles of therapeutic recreation in psychiatric settings. Particular emphasis is on treatment modalities and techniques applicable to group interventions. Prerequisite: REC 5326 with a grade of "C" or better.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5330. Organizational Leadership in Recreation and Leisure Services.

This course provides an exploration of management issues within recreation administration with an emphasis on the role of the leader as a conduit for effectiveness. Content will include theories and philosophies, processes, accountability, strategic planning, and conflict resolution applications.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5337. Independent Study in Recreational Administration.

Individual study related to recreational administration under direct supervision of a faculty member. May be repeated for additional credit at the discretion of the department chair.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter

REC 5338. Internship in Therapeutic Recreation.

This course provides students the opportunity to complete an intensive, on-site internship under the supervision of a nationally Certified Therapeutic Recreation Specialist. Students will complete 560 hours in a therapeutic recreation setting. Prerequisite: Instructor approval.

3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.

Grade Mode: Standard Letter
REC 5340. Social Psychology of Recreation and Leisure.
To provide an introduction and overview of the personal, social and social-psychological contexts of leisure; utilizing current literature the course will focus on examining leisure and recreation behavior from psychological, sociological and social-psychological constructs that are contributing to a contemporary, interdisciplinary understanding of the leisure phenomenon.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5346. Literature and Research.
Directed reading, reports, and discussions of the current literature in the field of education, a critical analysis of research techniques and the locations and securing of information, together with the steps necessary to the solution of research problems in this field.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5350. Legal and Ethical Issues in Recreation and Leisure Services.
A seminar style course that focuses on legal and ethical issues related to recreation and leisure services. Tort law, participant rights, accessibility, credentialing, and others are topics to be addressed in this course.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5360. Applications of Finance & Marketing in Recreation.
This course is a study of financial and marketing concepts, principles, and techniques as they relate to recreation and leisure delivery systems. These include full cost accounting, pricing, financial management, distribution, promotional techniques, marketing plans, alternative funding and proposals. Prerequisite: REC 5380 with a grade of "C" or better or instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course content provides students with program development and administration tools developed and tested within the recreation industry. Topics may include the exploration of programming and organizational theory, administrative processes, and the application of the organizational principles to the recreation service delivery systems.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5381. Outdoor Program Leadership and Administration.
Within the role of leadership and administration, students will become knowledgeable in the theoretical foundations of outdoor programs, adventure programming, and wilderness travel. The history of thought surrounding natural places and outdoor recreation will be examined throughout the semester.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5399A. Thesis.
This course represents a student's initial thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5399B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5599B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5999B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit