MASTER OF ARTS (M.A.) MAJOR IN PROFESSIONAL COUNSELING (CLINICAL MENTAL HEALTH COUNSELING CONCENTRATION THESIS OPTION)

Major Program
The Master of Arts (M.A.) with a major in Professional Counseling consists of four concentrations:

- clinical mental health counseling,
- marital, couple and family counseling, and
- school counseling
- school counselor - Texas Certificate

These four areas of concentration in the professional counseling major have required course sequences that build skills through three levels, from basic to advanced, via didactic and experiential activities. The curriculum includes core foundations in theories, interventions, assessment, and research. In addition, core tenets that are emphasized throughout the program include diversity, ethics, professional development, and self-awareness. There is a strong emphasis on experiential learning integrated with the application of didactic, research-based knowledge. Internship is required as the capstone experience. The concentration in clinical mental health counseling; marriage, couple, and family counseling; and school counseling are nationally accredited by the Council for Accreditation of Counseling and Related Programs (CACREP).

The concentration of School Counselor - Texas Certificate, has similar courses and sequencing as the areas above. This concentration is focused on developing strong clinical skills and meeting the requirements of the Texas State Board of Educator Certification.

Application Requirements
The items listed below are required for admission consideration for applicable semesters of entry during the current academic year. Submission instructions, additional details, and changes to admission requirements for semesters other than the current academic year can be found on The Graduate College's website (http://www.gradcollege.txstate.edu). International students should review the International Admission Documents webpage (http://mycatalog.txstate.edu/graduate/admission-documents/international) for additional requirements.

- completed online application
- $55 nonrefundable application fee
- or
- $90 nonrefundable application fee for applications with international credentials
- baccalaureate degree from a regionally accredited university
- official transcripts required from each institution where course credit was granted
- minimum 3.0 GPA in the last 60 hours of undergraduate course work (plus any completed graduate courses)
- official GRE (general test only) required with competitive scores in the verbal reasoning and quantitative reasoning sections
  - The GRE may be waived if the student holds a master's or doctoral degree from a regionally accredited U.S. institution. If the student holds a master's or doctoral degree (or the equivalent thereof) from an accredited international institution, the GRE may be waived on an individual basis.
- informed consent form
- resume/CV detailing unique competencies that contribute to an aptitude for graduate study; personal experiences, such as volunteer work, that have aided in preparations for a career in counseling; additional language skills; technological competence and computer literacy
- statement of purpose (maximum 750 words, typed and double-spaced) addressing the following:
  - professional goals and rational for pursuing education and training in professional counseling as opposed to another mental health discipline such as psychology, social work, or counseling psychology
  - rationale for choosing the clinical mental health counseling concentration
  - major strengths and weaknesses with respect to being admitted into the program
  - perspective on diversity including
    - personal contributions to and benefits from the richness of the professional counseling program
    - ways to increase inclusion of diversity in the counseling profession
- three forms of recommendation (not general reference letters)

TOEFL or IELTS scores
Non-native English speakers who do not qualify for an English proficiency waiver:

- official TOEFL iBT scores required with a 78 overall
- official IELTS (academic) scores required with a 6.5 overall and
  - minimum individual module scores of 6.0

This program does not offer admission if the scores above are not met.

Degree Requirements
The Master of Arts (M.A.) degree with a major in Professional Counseling concentration in clinical mental health counseling requires 66 semester credit hours, including a thesis. This concentration meets academic requirements for the Texas Licensed Professional Counselor (LPC) credential. A grade of "B" or better must be earned in all course work counting toward a professional counseling degree.

Course Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 5305</td>
<td>Assessment in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 5307</td>
<td>Theories of Counseling and Personality</td>
<td>3</td>
</tr>
<tr>
<td>COUN 5316</td>
<td>Counseling Diverse Populations</td>
<td>3</td>
</tr>
<tr>
<td>COUN 5350</td>
<td>Advanced Counselor Ethics</td>
<td>3</td>
</tr>
<tr>
<td>COUN 5354</td>
<td>Basic Counseling Skills and Abnormal Behavior</td>
<td>3</td>
</tr>
</tbody>
</table>
obtain exemption or approval from the Texas State Institutional Review Board prior to submitting the proposal form to The Graduate College. The IRB approval letter should be included with the proposal form. If the thesis research involves vertebrate animals, the proposal form must include the Texas State IACUC approval code. It is recommended that the thesis proposal form be submitted to the dean of The Graduate College by the end of the student’s enrollment in 5399A. Failure to submit the thesis proposal in a timely fashion may result in delayed graduation.

**Thesis Committee**

The thesis committee must be composed of a minimum of three approved graduate faculty members.

**Thesis Enrollment and Credit**

The completion of a minimum of six hours of thesis enrollment is required. For a student’s initial thesis course enrollment, the student will need to register for thesis course number 5399A. After that, the student will enroll in thesis B courses, in each subsequent semester until the thesis is defended with the department and approved by The Graduate College. Preliminary discussions regarding the selection of a topic and assignment to a research supervisor will not require enrollment for the thesis course.

Students must be enrolled in thesis credits if they are receiving supervision and/or are using university resources related to their thesis work. The number of thesis credit hours students enroll in must reflect the amount of work being done on the thesis that semester. It is the responsibility of the committee chair to ensure that students are making adequate progress toward their degree throughout the thesis process. Failure to register for the thesis course during a term in which supervision is received may result in postponement of graduation. After initial enrollment in 5399A, the student will continue to enroll in a thesis B course as long as it takes to complete the thesis. Thesis projects are by definition original and individualized projects. As such, depending on the topic, methodology, and other factors, some projects may take longer than others to complete. If the thesis requires work beyond the minimum number of thesis credits needed for the degree, the student may enroll in additional thesis credits at the committee chair’s discretion. In the rare case when a student has not previously enrolled in thesis and plans to work on and complete the thesis in one term, the student will enroll in both 5399A and 5399B.

The only grades assigned for thesis courses are PR (progress), CR (credit), W (withdraw), and F (failing). If acceptable progress is not being made in a thesis course, the instructor may issue a grade of F. If the student is making acceptable progress, a grade of PR is assigned until the thesis is completed. The minimum number of hours of thesis credit (“CR”) will be awarded only after the thesis has been both approved by The Graduate College and released to Alkek Library.

A student who has selected the thesis option must be registered for the thesis course during the term or Summer I (during the summer, the thesis course runs ten weeks for both sessions) in which the degree will be conferred.

**Thesis Deadlines and Approval Process**

Thesis deadlines are posted on The Graduate College website under “Current Students.” The completed thesis must be submitted to the chair of the thesis committee on or before the deadlines listed on The Graduate College website.
The following must be submitted to The Graduate College by the thesis deadline listed on The Graduate College website:

1. The Thesis Submission Approval Form bearing original (wet) and/or electronic signatures of the student and all committee members.
2. One (1) PDF of the thesis in final form, approved by all committee members, uploaded in the online Vireo submission system.

After the dean of The Graduate College approves the thesis, Alkek Library will harvest the document from the Vireo submission system for publishing in the Digital Collections database (according to the student’s embargo selection). NOTE: MFA Creative Writing theses will have a permanent embargo and will never be published to Digital Collections.

While original (wet) signatures are preferred, there may be situations as determined by the chair of the committee in which obtaining original signatures is inefficient or has the potential to delay the student’s progress. In those situations, the following methods of signing are acceptable:

- signing and faxing the form
- signing, scanning, and emailing the form
- notifying the department in an email from their university’s or institution’s email account that the committee chair can sign the form on their behalf
- electronically signing the form using the university’s licensed signature platform.

If this process results in more than one document with signatures, all documents need to be submitted to The Graduate College together.

No copies are required to be submitted to Alkek Library. However, the library will bind copies submitted that the student wants bound for personal use. Personal copies are not required to be printed on archival quality paper. The student will take the personal copies to Alkek Library and pay the binding fee for personal copies.

Master’s level courses in Counseling, Leadership, Adult Education, and School Psychology: COUN

Courses Offered

Counseling (COUN)

COUN 5178. Independent Study.
Individual problems or research topics designed to place emphasis on selected areas of study. May be repeated twice for additional credit at the discretion of the department chair.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5199B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5299B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5301. Professional Counseling Orientation.
This course is presented as a basis for future counselors to understand community counseling agencies, standards of preparation, and the role identity of persons providing direct counseling treatment interventions. This course includes information on the licensure process, professional organizations, ethical and legal aspects of practice, advocacy processes, and theoretical/applied information.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5305. Assessment in Counseling.
Problems and principles of administration, scoring and interpreting group and individually administered tests; utilization of test data for diagnostic, placement, predictive, and evaluative purposes; elementary statistical procedures; laboratory activities in test administration, scoring, and interpretation.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5307. Theories of Counseling and Personality.
This course surveys systematically derived theories of counseling and personality from their origins in social discourse, philosophy, and psychology to the present time. Each theorist is presented biographically and the theory considered with regard to its clinical, cultural, and ethical relevance and application to diverse populations. Prerequisite: COUN 5350 preferred.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5316. Counseling Diverse Populations.
This seminar is designed to sensitize students to the roles societal power disparities, therapist’s racial identity and awareness, and client racial/cultural identity play in counseling persons of diverse backgrounds. The dynamics of counseling clients who are African-American, Asian-American, female, gay/lesbian, Latino/a, Native-American, and persons with disabilities, will be examined. (MULT).
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Course Attribute(s): Multicultural Content
Grade Mode: Standard Letter

Orientation to identity and role of professional school counselors, and introduction to the study of comprehensive developmental guidance programs. Course reflects the Texas and ASCA Models with related standards. Topics include: program planning, implementation, and evaluation; use of data and accountability; leadership role; and ethical and legal practices in schools.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
COUN 5330. Assessment Applications in Child & Adolescent Counseling. This course emphasizes a hands-on approach to the assessments most frequently used by school counselors and child and adolescent counselors. Topics include assessment measures, statistical and research concepts, program evaluation and interpretation. Implications for counseling are also addressed. Prerequisites: COUN 5328 and COUN 5368 all with a grade of "C" or better. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5338. Advanced Issues in School Counseling: Counseling, Consultation, and Coordination of Services. Course covers advanced topics in counseling children and adolescents in schools. Emphasis will be placed on developmentally appropriate preventative and responsive counseling services. Consultation and collaboration with parents, school personnel, and community partners, as well as contextual issues in school counseling, will be addressed. Prerequisites: COUN 5328 and COUN 5316 and COUN 5368. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5340. Loss and Grief Recovery Counseling. An in-depth study of loss and its aftermath, grief. Emphasis is given to the counseling literature, loss and grief in the arts, personal loss experience, and particular counseling interventions. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5343. Psychodynamic Methods. The course is both didactic and experimental. It provides a history of therapeutic drama beginning with the Greek theater of Dionysus. The work of J.L. Moreno is presented and the basic tenets of the theory studied. Students then engage in creating, producing, and acting out actual psychodramatic productions. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5344. Substance Abuse and Counseling: An Introduction. This course focuses on chemical dependency across counseling settings, including school, agency, and private practice. This course includes theoretical and applied information on causative factors, assessment, and treatment strategies across a variety of settings and populations via didactic and experimental coursework. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5345. Psychodrama Methods. The course is both didactic and experimental. It provides a history of therapeutic drama beginning with the Greek theater of Dionysus. The work of J.L. Moreno is presented and the basic tenets of the theory studied. Students then engage in creating, producing, and acting out actual psychodramatic productions. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5346. Filial Therapy. Theoretical and practical application of the filial model will be addressed as well as techniques in training parents in the overall principles and methodology of child-centered play therapy. Corequisite: COUN 5689 or COUN 5389 or permission of instructor. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Credit/No Credit

COUN 5350. Advanced Counselor Ethics. This course focuses on ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling settings. Emphasis is placed on national and current state board rules, records management, strategies for personal and professional self-evaluation, implications for practice, and client and professional advocacy. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5351. Current Issues in Marriage, Couple and Family Therapy. This course provides students with information regarding special issues in marital, couple and family counseling, including: grief and loss; domestic violence; substance abuse in the family; lesbian, gay, bisexual, and transgender issues; divorce; and re-parenting. Prerequisite: COUN 5316 with a grade of "B" or better, and COUN 5367 with a grade of "C" or better. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5354. Basic Counseling Skills and Abnormal Behavior. This course is designed to introduce the student to basic counseling skills via role-play and videotape. The course also provides a general model for assessing abnormal behavior of clients and effective skills to elicit identifying behavior. Prerequisite: COUN 5307 and COUN 5350, all with a grade of "B" or better. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5355. Career Counseling. Career choice and development are considered as critical aspects of persons in material cultures where occupation is a major component of one's identity. Career concerns often addressed in counseling are presented and discussed along with the area of vocational guidance, occupational information, and preference inventories. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5358. Dynamics & Processes in Group Counseling. An intensive laboratory experience requiring highly active student participation in the form of honest, direct, and open communication combined with authentic self-exploration within the group setting. Through participation and required reading, students will gain first-hand familiarity with the basic principles of the dynamics that are characteristic of therapeutic groups. Prerequisites: COUN 5354 and COUN 5307 all with a grade of "C" or better. Corequisite: COUN 5158 with a grade of "C" or better. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

COUN 5359. Psychopathology in Clinical Mental Health Counseling. The principles of understanding dysfunction in human behavior and systemic organization. This course includes diagnostic, preventive, and remedial methods and interventions. Prerequisite: COUN 5307. 3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter
COUN 5360. Intermediate Methods in Marital, Couple and Family Counseling.
Marital, couple, and family theory and techniques are discussed, selected, applied, and refined through lecture and supervised clinical practice. Specific skills include joining, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Prerequisites: COUN 5351 and COUN 5354 and COUN 5359 and COUN 5367 and COUN 5369 all with a grade of "B" or better.
3 Credit Hours. 0 Lecture Contact Hours. 3 Lab Contact Hours.
Grade Mode: Credit/No Credit

Provides experience in supervising practicum or intern students and integrating the theoretical foundations and current issues of professional supervision. Emphasis includes ethical, multicultural, gender, age, and lifestyle concerns in supervisory relationships, and academic requirements for supervisory status for Texas Licensed Professional Counselor and Licensed Specialist in School Psychology credentials. Course can be repeated once for credit.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

Counseling theories and techniques are discussed, selected, applied and refined through lecture and supervised practice. Specific skills include initiating the helping relationship process, diagnosis, goal formulation, treatment planning, termination, referral, and record keeping. Prerequisites: COUN 5316, COUN 5354 and COUN 5359.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5367. Marital and Family Counseling: Current Theories.
This course is designed to examine the principles of communication and the goals of marital, couple and family counseling will be examined.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5368. Developmental Issues in Counseling Children, Adolescents, and Adults.
Emphasis will be on understanding the interactions between the developmental needs of each of these age groups and counseling techniques and procedures used to deliver mental health services to each of these groups.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5369. Child and Adolescent Counseling Methods.
Course focus is an overview of counseling interventions with children and adolescents in agency, school, and private practice. Group, individual, and systems techniques will be covered. Assessment of child psychopathology and techniques for consulting with parents will be included. Prerequisites: COUN 5354 and COUN 5368.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course will provide an overview of the physical, social, psychological, and behavioral characteristics of the adolescent. This course has a supervised practice experience. Emphasis will be placed on counseling interventions utilizing current research. Prerequisites: COUN 5316, COUN 5359 and COUN 5369.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5372. Assessment and Treatment in Marriage and Family Counseling.
This course addresses the assessment of individual, couple, and family functioning and the planning and implementation of marital, couple and family treatment methods. Prerequisite: COUN 5367.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course emphasizes the skills needed to work with school aged children (Pre-K - 12). Students will learn counseling interventions specific to school aged children, and they will work with one student over the course of the semester. In addition, students will lead one group outside of the class in order to receive full credit for the course. Prerequisites: COUN 5328 and COUN 5368, all with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5378. Problems in Counseling.
Individual problems not related to thesis. Designed to place emphasis on selected areas of study. May be repeated once for additional credit at the discretion of the department chair.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5380. Introduction to Animal-Assisted Counseling.
Animal-assisted counseling (AAC) is a goal-directed process in which a trained therapy animal works in partnership with a counselor to help clients resolve psychosocial challenges and achieve growth. This course will provide an introduction to the AAC field, the human-animal bond, evidence-based research in AAC, and positive training approaches.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5381. Sandtray Therapy Methods.
This course provides students with the philosophical basis for sandtray therapy as a therapeutic intervention for children and families, including a review of its history, applications, techniques, stages, and ethical issues. Didactic and experiential methods are used. Prerequisite: COUN 5369. Co-requisite: COUN 5389 or COUN 5689 or permission of instructor.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
COUN 5389. Site-Based Internship.
An on-site practicum-internship occurring in a school or agency setting with supervision by on-site and university supervisors. May be repeated based on the recommendation of the counseling faculty. Prerequisites: COUN 5689, recommendation of COUN 5689 supervisor, and consent of COUN 5389 supervisors.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5391. Research Methods.
This course provides an understanding of research methods and design, statistical analysis, needs assessment, and program evaluation relevant to the field of professional counseling.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5394. Counseling Women.
This elective course involves student exploration of gender in historical, social, and global contexts with emphasis on counseling approaches and interventions specific to the concerns of women and girls. Topics include gender development, gender socialization, sexuality, career and family, violence against women, body image concerns, and overall women's mental health. Prerequisite: Admission to the Professional Counseling major. Non-Counseling students with permission on instructor.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

COUN 5399A. Thesis.
This course represents a student’s initial thesis enrollment. No thesis credit is awarded until student has completed the thesis in COUN 5399B.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5399B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5599B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

COUN 5689. Clinical Practicum.
This practicum includes counseling clients in university-affiliated counseling clinics, and a staffing seminar. May be taken up to three times (18 credit hours) based on the recommendation of the counseling faculty. Prerequisites: COUN 5301 and COUN 5328 and COUN 5358, all with a grade of "B" or better, and all required coursework completed or departmental permission.
6 Credit Hours. 3 Lecture Contact Hours. 3 Lab Contact Hours.
Grade Mode: Credit/No Credit