MASTER OF EDUCATION (M.ED) MAJOR IN HEALTH EDUCATION

Application Requirements
The items listed below are required for admission consideration for applicable semesters of entry during the 2017-2018 academic year. Submission instructions, additional details, and changes to admission requirements for semesters other than the 2017-2018 academic year can be found on the program’s web page (http://gradcollege.txstate.edu/programs). International students should review the International Admission Documents (http://mycatalog.txstate.edu/graduate/admission-documents/international) section of the catalog for additional requirements.

- completed online ApplyTexas application
- $40 nonrefundable application fee
- $50 nonrefundable international evaluation fee (if applicable)
- baccalaureate degree from a regionally accredited university
- official transcripts required from each four-year institution where course credit was granted
- minimum 2.75 GPA in your last 60 hours of undergraduate course work (plus any completed graduate courses)
- background course work: 18 hours in health education
- GRE scores not required
- statement of purpose

TOEFL or IELTS Scores
Non-native English speakers who do not qualify for an English proficiency waiver:

- official TOEFL iBT scores required with a 78 overall
- official IELTS (academic) scores required with a 6.5 overall and minimum individual module scores of 6.0

This program does not offer admission if the scores above are not met.

Degree Requirements
Students pursuing a master of education (M.Ed.) in health education may select a thesis or non-thesis option. The thesis option requires 36 hours of course work (21 in the major, nine in the minor, and six hours of thesis work). The non-thesis option requires 36 hours of course work (21 in the major and 15 in the minor).

As background prerequisites, a health education major is expected to have a minimum of 18 semester hours of health education course work on the bachelor’s degree or complete graduate leveling courses.

Thesis Option

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>H ED 5310</td>
<td>History and Philosophy of Health Education</td>
<td>3</td>
</tr>
<tr>
<td>H ED 5315</td>
<td>Application of Quantitative Data Analysis in Health and Wellness Promotion (Research II)</td>
<td>3</td>
</tr>
<tr>
<td>H ED 5312</td>
<td>Reading, Writing, and Understanding Research in Health and Wellness Promotion</td>
<td>3</td>
</tr>
<tr>
<td>H ED 5321</td>
<td>Theoretical Foundations of Health Education</td>
<td>3</td>
</tr>
<tr>
<td>H ED 5346</td>
<td>Literature and Research in Health and Wellness Promotion (Research I)</td>
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Health Education Electives
Choose 6 hours from the following:

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<tr>
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<tr>
<td>H ED 5330</td>
<td>Topics in Health Education</td>
</tr>
<tr>
<td>H ED 5335</td>
<td>Health Education Leadership</td>
</tr>
<tr>
<td>H ED 5340</td>
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<td>H ED 5347</td>
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</tr>
<tr>
<td>H ED 5360</td>
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Thesis
Choose a minimum 6 hours

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<tr>
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<td>Thesis</td>
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<tr>
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<td>Thesis</td>
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<tr>
<td>H ED 5399B</td>
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Minor
Choose a 9-hour minor (Needs advisor approval)

Total Hours 36

Non-thesis Option

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Minor
Choose a 15-hour minor (Needs advisor approval)

Total Hours 36

If a student elects to follow the thesis option for the degree, a committee to direct the written thesis will be established. The thesis must demonstrate the student’s capability for research and independent thought. Preparation of the thesis must be in conformity with the Graduate College Guide to Preparing and Submitting a Thesis or Dissertation.
Thesis Proposal

The student must submit an official Thesis Proposal Form and proposal to his or her thesis committee. Thesis proposals vary by department and discipline. Please see your department for proposal guidelines and requirements. After signing the form and obtaining committee members' signatures, the graduate advisor's signature if required by the program and the department chair's signature, the student must submit the Thesis Proposal Form with one copy of the proposal attached to the dean of The Graduate College for approval before proceeding with research on the thesis. If the thesis research involves human subjects, the student must obtain exemption or approval from the Texas State Institutional Review Board prior to submitting the proposal form to The Graduate College. If the thesis research involves vertebrate animals, the proposal form must include the Texas State IACUC approval code. It is recommended that the thesis proposal form be submitted to the dean of The Graduate College by the end of the student's enrollment in 5399A. Failure to submit the thesis proposal in a timely fashion may result in delayed graduation.

Thesis Committee

The thesis committee must be composed of a minimum of three approved graduate faculty members.

Thesis Enrollment and Credit

The completion of a minimum of six hours of thesis enrollment is required. For a student's initial thesis course enrollment, the student will need to register for thesis course number 5399A. After that, the student will enroll in thesis B courses in their field, e.g., ENG 5399A, ENG 5199B, ENG 5299B, ENG 5399B, ENG 5599B, and ENG 5999B, in each subsequent semester until the thesis is defended with the department and approved by The Graduate College. Preliminary discussions regarding the selection of a topic and assignment to a research supervisor will not require enrollment for the thesis course.

A student will be required to enroll in and pay the fee for at least one hour of the thesis course during any term in which the student will receive thesis supervision or guidance and/or in which the student is using university resources. Failure to register for the thesis course during a term in which supervision is received may result in postponement of graduation. After initial enrollment in 5399A, the student will continue to enroll in a thesis B course as long as it takes to complete the thesis. In the rare case when a student has not previously enrolled in thesis and plans to work on and complete the thesis in one term, the student will enroll in both 5399A and 5399B. The only grades assigned for thesis courses are PR (progress), CR (credit), W (withdraw), and F (failing). If acceptable progress is not being made in a thesis course, the instructor may issue a grade of F. If the student is making acceptable progress, a grade of PR is assigned until the thesis is completed. The minimum number of hours of thesis credit ("CR") will be awarded only after the thesis has been both approved by The Graduate College and released to Alkek Library.

A student who has selected the thesis option must be registered for the thesis course during the term or Summer I (during the summer, the thesis course runs ten weeks for both sessions) in which the degree will be conferred.

Fee Reduction

A master's degree candidate for graduation may be eligible for a one-time fee reduction under V.T.C.A. Education Code, Section 54.054. Please refer to the section titled Fee Reduction in the Additional Fees and Expenses chapter of this catalog for more information.

Thesis Deadlines and Approval Process

Thesis deadlines are posted on The Graduate College website. The completed thesis must be submitted to the chair of the thesis committee on or before the deadlines listed on The Graduate College website.

The following must be submitted to The Graduate College by the thesis deadline listed on The Graduate College website:

1. The Thesis Submission Approval Form bearing original (wet) and/or electronic signatures of the student and all committee members.
2. One (1) PDF of the thesis in final form, approved by all committee members, uploaded in the online Vireo submission system.

While original (wet) signatures are preferred, there may be situations as determined by the chair of the committee in which obtaining original signatures is inefficient or has the potential to delay the student's progress. In those situations, the following methods of signing are acceptable:

- signing and faxing the form
- signing, scanning, and emailing the form
- notifying the department in an email from their university's or institution's email account that the committee chair can sign the form on their behalf
- electronically signing the form using the university's licensed signature platform.

Scanned, faxed, or email communications must be submitted to The Graduate College together with the form containing original signatures.

No copies are required to be submitted to Alkek Library. However, the library will bind copies submitted that the student wants bound for personal use. Personal copies are not required to be printed on archival quality paper. The student will take the personal copies to Alkek Library and pay the binding fee for personal copies.

Master's level courses in Health and Human Performance: H ED (p. 2)

Courses Offered

Health Education (H ED)

H ED 5199B. Thesis.
This course represents a student's continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.

1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.

Grade Mode: Credit/No Credit
H ED 5299B. Thesis.
This course represents a student’s continuing thesis enrollments. The student continues to enroll in this course until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis
3 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5310. History and Philosophy of Health Education.
Intensive study of historical and philosophical contributions to health promotion program development. Current political issues, public health issues, and influential cultural changes are examined
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5312. Reading, Writing, and Understanding Research in Health and Wellness Promotion.
This course provides practical experience in technical and professional writing skills. In addition, techniques to read and understand research in health and wellness promotion will be presented. Understanding application of research in school, community, and public health programs will be emphasized
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5315. Application of Quantitative Data Analysis in Health and Wellness Promotion (Research II).
This course focuses on the study of introductory and intermediate statistics and procedures. Emphasis will be placed on the application of statistics rather than the theoretical and will highlight a) how to apply statistical models, b) how to perform the analyses with social science software, and c) how to interpret findings
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5320. Foundation of Public Health.
In-depth study of past and current public health programs. Department of Health Services personnel will be utilized as guest consultants to familiarize students with various existing health programs for Texas residents
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5321. Theoretical Foundations of Health Education.
This course focuses on the presentation and critical analysis of the role of theory in health education, the description of different theories being utilized in health education research and interventions, and the application of these theories to interventions and research
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5325. Ethical Principles in Health Education.
This course provides an in-depth analysis of ethical standards, principles, and behaviors related to the field of health education. Students will explore how to apply, monitor, and model ethical standards in the profession
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5330. Topics in Health Education.
Topics: 5330A Advanced teaching strategies. 5330B Curriculum development. 5330C Other topics as needed. May be repeated once with a different emphasis for additional credit
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5335. Health Education Leadership.
Structured experiences for developing administrative leadership for health education programs. Included are leadership philosophy, staffing, programming, budgeting, public relations, facilities, and evaluations
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5340. Community Health Program Planning and Evaluation.
Course addresses application of professional competencies in health education and promotion programs. Topics include needs assessment, data gathering techniques, instrument design, data and statistics, interpreting, reporting, and application of findings for program development. Cultural competency and communication will also be covered
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5345. Issues in Human Sexuality Education.
This course provides for in-depth study of sexuality education as a lifelong process of acquiring information and forming healthy attitudes, beliefs, and values regarding sexuality. Students will analyze information and educational resources for implementing and advocating for sexuality instruction through health courses, sexuality education courses, and programs
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5346. Literature and Research in Health and Wellness Promotion (Research I).
This course focuses on research models commonly used in health and wellness promotion. Students will learn how to design research studies using accepted research methods in the social sciences. In addition, students will write the introduction, literature review, and methods sections common in health and wellness promotion research
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5347. Independent Study in Health Education Problems.
Allows for independent study of one or more problems in health education that hold special interest or offer opportunity for professional improvement and growth. Open on an individual basis by special arrangement with the Division Coordinator. Course graded on a credit (CR) no credit (F) basis. Repeatable once with a different emphasis. Prerequisite: H ED 5346
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5360. Internship in Health Education.
As an essential element in the preparation of health education specialists, this 240-hour internship provides students with professionally related experience. Students may work with diverse target audiences in health education settings. Internship is approved and supervised by health education graduate coordinator. Course graded on a credit (CR) no credit (F) basis
3 Credit Hours. 0 Lecture Contact Hours. 20 Lab Contact Hours.
Grade Mode: Credit/No Credit
H ED 5374. Interprofessional Service Learning in Global Health.
This advanced course focuses on principles of international health and
wellness promotion with global populations. Emphasis is placed on
assessing, planning, implementing, and evaluating prevention strategies.
Students explore roles of health educators collaborating with providers
of health services to diverse populations. The course may be repeated for
credit
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

H ED 5399A. Thesis.
This course represents a student’s initial thesis enrollment. No thesis
credit is awarded until student has completed the thesis in H ED 5399B.
Graded on a credit (CR), progress (PR), no credit (F) basis. Prerequisite:
H ED 5346
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5399B. Thesis.
This course represents a student’s continuing thesis enrollments. The
student continues to enroll in this course until the thesis is submitted for
binding. Graded on a credit (CR), progress (PR), no credit (F) basis
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5599B. Thesis.
This course represents a student’s continuing thesis enrollments. The
student continues to enroll in this course until the thesis is submitted for
binding. Graded on a credit (CR), progress (PR), no credit (F) basis
5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

H ED 5999B. Thesis.
This course represents a student’s continuing thesis enrollments. The
student continues to enroll in this course until the thesis is submitted for
binding. Graded on a credit (CR), progress (PR), no credit (F) basis
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit