

Jowers Center Room A116
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<http://www.hhp.txst.edu> (<http://www.hhp.txst.edu/>)

The Department of Health and Human Performance at Texas State offers several master's programs to prepare students for careers and doctoral study in many areas including athletic training, exercise science, public health, health promotion, kinesiology, recreation administration, recreation therapy, rehabilitation sciences, and strength & conditioning and sport coaching. Our faculty are nationally and internationally known for their research on autism, biomechanics, community health, concussions, exercise physiology, fitness, health promotion, heat illness, public health programming, motor development, musculoskeletal injury, outdoor recreation, physical education, recreation administration and therapy, rehabilitation sciences, sport and exercise psychology, and substance abuse prevention. Recent visiting scholars to the department have come from Brazil, Egypt, England, Korea, Russia, and Spain.

The mission of the Department of Health and Human Performance is to create and disseminate knowledge promoting evidence-based practice in athletic training, exercise science, public health, and recreation professions. We work to directly promote improved health, human performance, and quality of life through creation of knowledge, student-centered instruction in health and performance services, and meaningful community outreach. Our vision is to be a national leader in promoting health, human performance, and quality of life for all.

Financial Assistance

Because the department offers instructional programming for the general university student, in addition to undergraduate athletic training, exercise science, public health, and recreation major programs, there are extensive opportunities for graduate assistantships, graduate teaching assistantships, graduate research assistantships, and graduate instructional assistantships. To be considered for positions as graduate assistants, the prospective graduate students must be admitted as a regular, degree-seeking student in graduate studies at Texas State University. Applicants who are interested in these positions should go to <http://www.hhp.txstate.edu> (<http://www.hhp.txstate.edu/>). Additionally, the department offers various program-specific scholarships available through the Bobcat Online Scholarship System.

Bachelor of Exercise Sports Science (B.E.S.S.) / Master of Science (M.S.)

- Major in Exercise and Sports Science/Major in Athletic Training (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-sports-sci-athletic-trainig-bessms/>)

Master of Science (M.S.)

- Major in Athletic Training (Professional Master's) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/athletic-training-professional-ms/>)
- Major in Exercise Science (Non-thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-ms/>)
- Major in Exercise Science (Health and Rehabilitation Sciences Concentration Non-thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-healthrehabsciences-nonthesis-ms/>)

- Major in Exercise Science (Health and Rehabilitation Sciences Concentration Thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-healthrehabsciences-thesis-ms/>)
- Major in Exercise Science (Physical Activity Literacy Concentration) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-physical-activity-literacy-ms/>)
- Major in Exercise Science (Physical Activity Literacy Concentration and Early Childhood through Grade 12 Physical Education Teacher Certification) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-physicalactivitylit-ms/>)
- Major in Exercise Science (Strength & Conditioning and Sport Coaching Concentration Non-thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-strengthcondsportcoach-nonthesis-ms/>)
- Major in Exercise Science (Strength & Conditioning and Sport Coaching Concentration Thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-strengthcondsportcoach-thesis-ms/>)
- Major in Exercise Science (Thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-thesis-ms/>)
- Major in Public Health Education and Promotion (Health Equity Non-thesis Concentration) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/public-healthed-promo-health-equity-ms/>)
- Major in Public Health Education and Promotion (Non-thesis Minor Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/public-healthed-promo-nonthesis-minor-ms/>)
- Major in Public Health Education and Promotion (Non-thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/public-healthed-promo-nonthesis-ms/>)
- Major in Public Health Education and Promotion (Thesis Minor Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/public-healthed-promo-thesis-minor-ms/>)
- Major in Public Health Education and Promotion (Thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/public-healthed-promo-thesis-ms/>)

Master of Science in Recreation and Leisure Services (M.S.R.L.S.)

- Major in Recreation Management (Non-thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/recreation-management-msrls/>)
- Major in Recreation Management (Thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/recreation-management-thesis-msrls/>)
- Major in Therapeutic Recreation (Non-thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/therapeutic-recreation-msrls/>)
- Major in Therapeutic Recreation (Thesis Option) (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/therapeutic-recreation-thesis-msrls/>)

Minors

- Exercise Science (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/exercise-science-minor/>)
- Public Health Education and Promotion (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/publichealtheduandpromo-minor/>)
- Recreation and Leisure Services (<http://mycatalog.txstate.edu/graduate/education/health-human-performance/recreation-leisure-services-minor/>)