Program Overview

The Master of Science in Recreation and Leisure Services (M.S.R.L.S.) degree with a major in Recreation Management is designed to prepare administrators, supervisors, educators, consultants, and researchers to assist people toward richer lives through leisure experiences. Recreation Management encompasses the administration and supervision of recreation and leisure services. Recreational professionals seeking course work for certification as Certified Park & Recreation Professional would enroll in this option.

Application Requirements

The items listed below are required for admission consideration for applicable semesters of entry during the current academic year. Submission instructions, additional details, and changes to admission requirements for semesters other than the current academic year can be found on The Graduate College’s website (http://www.gradcollege.txstate.edu). International students should review the International Admission Documents page (http://mycatalog.txstate.edu/graduate/admission-documents/international/) for additional requirements.

- completed online application
- $55 nonrefundable application fee
- or
- $90 nonrefundable application fee for applications with international credentials
- baccalaureate degree from a regionally accredited university
- official transcripts from each institution where course credit was granted
- minimum 2.75 GPA in the last 60 hours of undergraduate course work (plus any completed graduate courses)
- GRE not required
- statement of purpose (maximum 500 words) detailing the following:
  - experiences leading to graduate studies in recreation management
  - qualities, values, characteristics of the student that will help him/her meet the academic rigors of graduate education
  - career goals relating to obtaining a master's degree

TOEFL, PTE, or IELTS Scores

Non-native English speakers who do not qualify for an English proficiency waiver:

- official TOEFL iBT scores required with a 78 overall
- official PTE scores required with a 52
- official IELTS (academic) scores required with a 6.5 overall and minimum individual module scores of 6.0

Degree Requirements

The Master of Science in Recreation and Leisure Services (M.S.R.L.S.) degree with a major in Recreation Management requires 36 semester credit hours.

Course Requirement

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<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<td>REC 5310</td>
<td>Philosophical Foundations of Recreation &amp; Leisure Services</td>
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<td>REC 5330</td>
<td>Organizational Leadership in Recreation and Leisure Services</td>
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<td>Social Psychology of Recreation and Leisure</td>
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<td>REC 5350</td>
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<td>REC 5378</td>
<td>Independent Study in Recreational Administration</td>
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<td>or REC 5318</td>
<td>Selected Topics in Recreation and Leisure Services</td>
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<tr>
<td>or REC 5372</td>
<td>Technology-Mediated Places of Leisure: Aspirations towards a life of leisure</td>
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<td>or REC 5373</td>
<td>Innovative Technology Solutions and Applications in Recreation and Leisure</td>
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<tr>
<td>or REC 5381</td>
<td>Outdoor Program Leadership and Administration</td>
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Prescribed Electives

Choose 9 hours from the following (other courses may approved by your advisor):

- REC 5318 Selected Topics in Recreation and Leisure Services
- REC 5372 Technology-Mediated Places of Leisure: Aspirations towards a life of leisure
- REC 5373 Innovative Technology Solutions and Applications in Recreation and Leisure
- REC 5381 Outdoor Program Leadership and Administration
- COMM 5318 Interpersonal Communication
- COMM 5319 Organizational Communication
- COMM 5329B Communication and Negotiation
- EDCL 5339 Understanding Self: Developing a Personal Vision of Leadership
- EDCL 5345 Understanding People: Professional Development
- GEO 5312 Managing Urbanization
- GEO 5319 Seminar in Nature and Heritage Tourism
- GEO 5339 The Geography of Land Management
- MC 5308 Seminar in Strategic Communication
- MC 5317 Advanced Digital Media
- MGT 5314 Organizational Behavior and Theory
- PA 5310 Public Finance Administration
- PA 5320 Organizational Theory, Change, and Behavior
- SOCI 5370 Seminar in Sociology of Racial and Ethnic Relations

Total Hours 36

Comprehensive Examination Requirement

Students are required to take a written comprehensive examination in their last semester of the program. Students must pass the comprehensive exam in at most two attempts. If the student fails to pass
the comprehensive exam in two attempts, the student will retake the comprehensive exam during the next long semester.

Students who do not successfully complete the requirements for the degree within the timelines specified will be dismissed from the program.

Master’s level courses in Health and Human Performance: REC

Courses Offered

Recreation (REC)

REC 5199B. Thesis. This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours. Grade Mode: Credit/No Credit

REC 5299B. Thesis. This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Credit/No Credit

REC 5310. Philosophical Foundations of Recreation & Leisure Services. To introduce and explore the meanings of leisure, leisure behavior, and leisure services from historical, philosophical, sociological, and political perspectives. Students will develop a philosophical view of leisure based on exploration of the history of leisure and the leisure profession as well as consideration of the nature of the individual and society.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

REC 5318M. Programming for Active Older Adults. Individuals who work in leisure and aging focus on enhancing the quality of life for individuals aged 55 and over. The population of persons over the age of 65 is growing rapidly and in the US the ‘elder adult’ population now includes members from three distinct age cohort group.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing Topics
Grade Mode: Standard Letter

REC 5318O. Programming Nature Experiences. Nature experiences are reliably linked to physiological and psychological health benefits and are a popular way to spend leisure time. This course examines the relationship between leisure programming and nature experience. Students will have the opportunity to learn about biophilic human responses to nature, eco-phenomenology, nature-based pedagogy, and other constructs that will improve their ability to facilitate and interpret nature experiences in the leisure setting.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing Topics
Grade Mode: Standard Letter

REC 5318P. Inclusive Leisure Service Delivery for People with Disabilities. The primary goal of this course is to engage students in the meaning of social inclusion as it pertains to people with disabilities, along with current trends and best practices related to inclusive leisure service delivery for people with disabilities. Course content will prepare students to enhance inclusive service delivery in a variety of settings.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing Topics
Grade Mode: Standard Letter

REC 5318Q. Evaluation of Recreation & Leisure Programs. This course will focus on practical applications of program evaluation techniques. Directed readings will cover the history of evaluation as well as methods and approaches designed for different customers, locations and program types. Prerequisite: REC 5380 with a grade of “C” or better or instructor permission.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing Topics
Grade Mode: Standard Letter

REC 5320B. Programming Trends in Therapeutic Recreation. This is a seminar style course where students investigate current trends in the provision of therapeutic recreation (TR) services, including evidence-based practice (EBP) and advancing the profession. This course is also designated as an Academic Service-Learning Course.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing Topics
Grade Mode: Standard Letter

REC 5321. Issues and Trends in Therapeutic Recreation Services. This is a seminar-style course during which students investigate current trends related to the provision of therapeutic recreation services and professional advocacy. Prerequisite: REC 5328 with a grade of “C” or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

REC 5325. Philosophical Foundations of Therapeutic Recreation. Course examines the history, theory, and philosophy of therapeutic recreation such as service models, standards, and legislation. The use of therapeutic recreation in supporting the attainment and maintenance of well-being of people with differing characteristics and abilities is explored in a variety of service settings. Prerequisite: Instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter
Master of Science in Recreation and Leisure Services (M.S.R.L.S.) Major in Recreation Management (Non-thesis Option)

**REC 5326. Therapeutic Recreation Planning and Implementation.**
This course provides an in-depth examination of the therapeutic recreation process with a focus on planning and implementation of individualized services and supports for persons with disabling conditions. Therapeutic recreation practice concepts of interventions, modalities, instruction, leadership, supervision, and leisure counseling are explored. Prerequisite: REC 5327 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5327. Assessment, Evaluation, and Documentation in Therapeutic Recreation.**
This course provides an in-depth examination of the assessment and documentation phases of the therapeutic recreation process. Students will administer, score, interpret, and report standardized and specialized assessment instruments and documentation methods. Corequisite: REC 5325 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5328. Advanced Principles of Therapeutic Recreation.**
This class provides an in-depth examination of the principles of organizing, funding, and managing therapeutic recreation services within a variety of settings. Topics include analysis of professional credentialing, policies, standards of practice, ethical behavior, and regulatory guidelines as they relate to therapeutic recreation are applied to advancing the profession. Prerequisite: REC 5327 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5329. Evidence-based Practice in Therapeutic Recreation.**
This course explores the application of research evidence to the planning and delivery of therapeutic recreation within a variety of service settings. The emphasis is on locating, critically appraising, analyzing, and producing evidence related to treatment modalities and techniques for therapeutic recreation practice. Prerequisite: REC 5328 with a grade of "C" or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5330. Organizational Leadership in Recreation and Leisure Services.**
This course provides an exploration of management issues related to the role of the leader as a conduit for effectiveness in leisure service agencies. Content will include practices associated with managing human resources such as hiring, supervising, evaluating, and compensating. Content will include examination of federal and state laws impacting employment and the manager’s role in operationalizing both legislative mandates and agency policy.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5331. Independent Study in Recreational Administration.**
Individual study related to recreational administration under direct supervision of a faculty member. May be repeated for additional credit at the discretion of the department chair.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5332. Financial Management in Recreation & Leisure Services.**
A seminar style course that focuses on legal and ethical issues related to recreation and leisure services. Tort law, participant rights, accessibility, credentialing, and others are topics to be addressed in this course.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5333. Professional Practice in Recreational Administration.**
Individual study related to professional practice in recreation and leisure services. Corequisite: Instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
This course focuses on the technology-leisure experience interaction, supported by knowledge of layout, design, and functions of homes, cities, and outdoor environments. Students will develop an understanding of how technology is incorporated into the experience of physical spaces and create proposals for technological enhancements appropriate to these varied places of leisure. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Standard Letter

REC 5373. Innovative Technology Solutions and Applications in Recreation and Leisure. 
This course is a study of operational competence in selected technologies including the development of research skills in user need articulation and technology augmentation. Students will critically investigate technology usage in leisure service delivery. Students will develop the ability to diagram and write for analytical purposes, fieldwork and experiences, and collaborative work. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Standard Letter

REC 5380. Organizational Planning in Recreation & Leisure Services. 
This course provides students with organizational planning and administration tools developed and tested within the recreation industry. Topics may include the exploration of programming and organizational theory, administrative processes, and the application of the organizational principles to the recreation service delivery systems. Emphasis will be placed on various planning functions including strategic, evaluation and marketing. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Standard Letter

REC 5381. Outdoor Program Leadership and Administration. 
Within the role of leadership and administration, students will become knowledgeable in the theoretical foundations of outdoor programs, adventure programming, and wilderness travel. The history of thought surrounding natural places and outdoor recreation will be examined throughout the semester. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Standard Letter

REC 5382. Facility Management in Leisure Services. 
The course provides an overview of practice of facility management. Explorations will include the role of facility manager, work management functions, and user interaction. In addition, students will investigate concepts of health and safety, accessibility, environment and sustainability, technologies, sourcing, emergency preparedness, and space interrogation. Basics of design drawing literacy and evaluation will be discussed. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Standard Letter

REC 5399A. Thesis. 
This course represents a student’s initial thesis enrollment. No thesis credit is awarded until the student has completed the thesis in REC 5399B. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Credit/No Credit

REC 5399B. Thesis. 
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. 
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Credit/No Credit

REC 5599B. Thesis. 
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. 
5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Credit/No Credit

REC 5999B. Thesis. 
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. 
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours. 
Grade Mode: Credit/No Credit