MASTER OF SCIENCE IN RECREATION AND LEISURE SERVICES (M.S.R.L.S.) MAJOR IN THERAPEUTIC RECREATION (NON-THESIS OPTION)

Program Overview
The Master of Science in Recreation and Leisure Services (M.S.R.L.S.) degree with a major in Therapeutic Recreation is designed to prepare administrators, supervisors, educators, consultants, and researchers to assist people toward richer lives through leisure experiences. Therapeutic Recreation focuses on enabling individuals with special needs to experience the same leisure options as able-bodied individuals through the use of recreation as a treatment and education modality. Individuals seeking to become a Certified Therapeutic Recreation Specialist (CTRS) would enroll in this option.

Application Requirements
The items listed below are required for admission consideration for applicable semesters of enrollment during the current academic year. Submission instructions, additional details, and changes to admission requirements for semesters other than the current academic year can be found on The Graduate College’s website (http://www.gradcollege.txstate.edu). International students should review the International Admission Documents webpage (http://mycatalog.txstate.edu/graduate/admission-documents/international/) for additional requirements.

- completed online application
- $55 nonrefundable application fee
  or
- $90 nonrefundable application fee for applications with international credentials
- baccalaureate degree from a regionally accredited university
- official transcripts from each institution where course credit was granted
- minimum 2.75 GPA in the last 60 hours of undergraduate course work (plus any completed graduate courses)
- background courses required in:
  - Anatomy & Physiology
  - Abnormal Psychology
  - Human Growth and Development Across the Lifespan
- GRE not required
- statement of purpose (maximum 500 words) addressing the following:
  - experiences leading to graduate studies in therapeutic recreation
  - qualities, values, characteristics of the student that will help him/her meet the academic rigors of graduate education
  - career goals relating to obtaining a master's degree

TOEFL or IELTS Scores
Non-native English speakers who do not qualify for an English proficiency waiver:

- official TOEFL iBT scores required with a 78 overall
- official IELTS (academic) scores required with a 6.5 overall and
  - minimum individual module scores of 6.0

This program does not offer admission if the scores above are not met.

Degree Requirements
The Master of Science in Recreation and Leisure Services (M.S.R.L.S.) degree with a major in Therapeutic Recreation requires 36 semester credit hours.

Course Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>REC 5321</td>
<td>Issues and Trends in Therapeutic Recreation Services</td>
<td>3</td>
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<tr>
<td>REC 5325</td>
<td>Philosophical Foundations of Therapeutic Recreation</td>
<td>3</td>
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<tr>
<td>REC 5326</td>
<td>Therapeutic Recreation Planning and Implementation</td>
<td>3</td>
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<td>Evidence-based Practice in Therapeutic Recreation</td>
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<td>REC 5338</td>
<td>Internship in Therapeutic Recreation</td>
<td>3</td>
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<tr>
<td>REC 5340</td>
<td>Social Psychology of Recreation and Leisure</td>
<td>3</td>
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<tr>
<td>REC 5346</td>
<td>Literature and Research</td>
<td>3</td>
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<td></td>
<td><strong>Prescribed Recreation Electives</strong></td>
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<td>Choose 6 hours from the following:</td>
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<tr>
<td>REC 5310</td>
<td>Philosophical Foundations of Recreation &amp; Leisure Services</td>
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<tr>
<td>REC 5330</td>
<td>Organizational Leadership in Recreation and Leisure Services</td>
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<td>REC 5350</td>
<td>Legal and Ethical Issues in Recreation and Leisure Services</td>
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<tr>
<td>REC 5360</td>
<td>Applications of Finance &amp; Marketing in Recreation</td>
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<td>REC 5380</td>
<td>Administering Leisure Delivery Systems</td>
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<td>REC 5381</td>
<td>Outdoor Program Leadership and Administration</td>
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<tr>
<td>ESS 5304</td>
<td>Motor Learning and Performance</td>
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<tr>
<td>ESS 5322</td>
<td>Inclusion and Diversity in Physical Activity and Sport</td>
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<td>ESS 5344</td>
<td>The Science of Teaching in Health and Human Performance</td>
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<td>ESS 5354</td>
<td>Developmental Sports Education: Youth Participants</td>
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<td>ESS 5355</td>
<td>Developmental Sports Education: High-Level Athletes and Coaching Effectiveness</td>
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<tr>
<td>ESS 5356</td>
<td>Applied Statistics in Health and Human Performance</td>
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Thesis Proposal Form

Thesis Committee

The thesis committee must be composed of a minimum of three approved graduate faculty members.

Thesis Enrollment and Credit

The completion of a minimum of six hours of thesis enrollment is required. For a student's initial thesis course enrollment, the student will need to register for thesis course number 5399A. After that, the student will enroll in thesis B courses, in each subsequent semester until the thesis is defended with the department and approved by The Graduate College. Preliminary discussions regarding the selection of a topic and assignment to a research supervisor will not require enrollment for the thesis course.

Students must be enrolled in thesis credits if they are receiving supervision and/or are using university resources related to their thesis work. The number of thesis credit hours students enroll in must reflect the amount of work being done on the thesis that semester. It is the responsibility of the committee chair to ensure that students are making adequate progress toward their degree throughout the thesis process.

Thesis Deadlines and Approval Process

Thesis deadlines are posted on The Graduate College website under 'Current Students.' The completed thesis must be submitted to the chair of the thesis committee on or before the deadlines listed on The Graduate College website.

The following must be submitted to The Graduate College by the thesis deadline listed on The Graduate College website:

1. The Thesis Submission Approval Form bearing original (wet) and/or electronic signatures of the student and all committee members.
2. One (1) PDF of the thesis in final form, approved by all committee members, uploaded in the online Vireo submission system.
After the dean of The Graduate College approves the thesis, Alkek Library will harvest the document from the Vireo submission system for publishing in the Digital Collections database (according to the student's embargo selection). NOTE: MFA Creative Writing theses will have a permanent embargo and will never be published to Digital Collections.

While original (wet) signatures are preferred, there may be situations as determined by the chair of the committee in which obtaining original signatures is inefficient or has the potential to delay the student's progress. In those situations, the following methods of signing are acceptable:

- signing and faxing the form
- signing, scanning, and emailing the form
- notifying the department in an email from their university's or institution's email account that the committee chair can sign the form on their behalf
- electronically signing the form using the university's licensed signature platform.

If this process results in more than one document with signatures, all documents need to be submitted to The Graduate College together.

No copies are required to be submitted to Alkek Library. However, the library will bind copies submitted that the student wants bound for personal use. Personal copies are not required to be printed on archival quality paper. The student will take the personal copies to Alkek Library and pay the binding fee for personal copies.

Master's level courses in Health and Human Performance: REC

**Courses Offered**

**Recreation (REC)**

**REC 5199B. Thesis.**
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

**REC 5299B. Thesis.**
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

**REC 5310. Philosophical Foundations of Recreation & Leisure Services.**
To introduce and explore the meanings of leisure, leisure behavior, and leisure services from historical, philosophical, sociological, and political perspectives. Students will develop a philosophical view of leisure based on exploration of the history of leisure and the leisure profession as well as consideration of the nature of the individual and society.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5318M. Programming for Active Older Adults.**
Individuals who work in leisure and aging focus on enhancing the quality of life for individuals aged 55 and over. The population of persons over the age of 65 is growing rapidly and in the US the ‘older adult’ population now includes members from three distinct age cohort group.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5320B. Programming Trends in Therapeutic Recreation.**
This is a seminar style course where students investigate current trends in the provision of therapeutic recreation (TR) services, including evidence-based practice (EBP) and advancing the profession. This course is also designated as an Academic Service-Learning Course.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5321. Issues and Trends in Therapeutic Recreation Services.**
This is a seminar-style course during which students investigate current trends related to the provision of therapeutic recreation services and professional advocacy. Prerequisite: REC 5328 with a grade of 'C' or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5325. Philosophical Foundations of Therapeutic Recreation.**
Course examines the history, theory, and philosophy of therapeutic recreation such as service models, standards, and legislation. The use of therapeutic recreation in supporting the attainment and maintenance of well-being of people with differing characteristics and abilities is explored in a variety of service settings. Prerequisite: REC 5327 with a grade of 'C' or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5326. Therapeutic Recreation Planning and Implementation.**
This course provides an in-depth examination of the therapeutic recreation process with a focus on planning and implementation of individualized services and supports for persons with disabling conditions. Therapeutic recreation practice concepts of interventions, modalities, instruction, leadership, supervision, and leisure counseling are explored. Prerequisite: REC 5327 with a grade of 'C' or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

**REC 5327. Assessment, Evaluation, and Documentation in Therapeutic Recreation.**
This course provides an in-depth examination of the assessment and documentation phases of the therapeutic recreation process. Students will administer, score, interpret, and report standardized and specialized assessment instruments and documentation methods. Corequisite: REC 5325 with a grade of 'C' or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter
REC 5328. Advanced Principles of Therapeutic Recreation.
This class provides an in-depth examination of the principles of organizing, funding, and managing therapeutic recreation services within a variety of settings. Topics include analysis of professional credentialing, policies, standards of practice, ethical behavior, and regulatory guidelines as they relate to therapeutic recreation are applied to advancing the profession. Prerequisite: REC 5327 with a grade of 'C' or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5329. Evidence-based Practice in Therapeutic Recreation.
This course covers the application of the therapeutic recreation process through case study development within a variety of service settings. Particular emphasis is on treatment modalities and techniques applicable to group interventions. Prerequisite: REC 5328 with a grade of 'C' or better.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5330. Organizational Leadership in Recreation and Leisure Services.
This course provides an exploration of management issues within recreation administration with an emphasis on the role of the leader as a conduit for effectiveness. Content will include theories and philosophies, processes, accountability, strategic planning, and conflict resolution applications.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5337. Independent Study in Recreational Administration.
Individual study related to recreational administration under direct supervision of a faculty member. May be repeated for additional credit at the discretion of the department chair.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5338. Internship in Therapeutic Recreation.
This course provides students the opportunity to complete an intensive, on-site internship under the supervision of a nationally Certified Therapeutic Recreation Specialist. Students will complete 560 hours in a therapeutic recreation setting. Prerequisite: Instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5340. Social Psychology of Recreation and Leisure.
To provide an introduction and overview of the personal, social and social-psychological contexts of leisure; utilizing current literature the course will focus on examining leisure and recreation behavior from psychological, sociological and social-psychological constructs that are contributing to a contemporary, interdisciplinary understanding of the leisure phenomenon.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5346. Literature and Research.
Directed reading, reports, and discussions of the current literature in the field of education, a critical analysis of research techniques and the locations and securing of information, together with the steps necessary to the solution of research problems in this field.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5350. Legal and Ethical Issues in Recreation and Leisure Services.
A seminar style course that focuses on legal and ethical issues related to recreation and leisure services. Tort law, participant rights, accessibility, credentialing, and others are topics to be addressed in this course.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5360. Applications of Finance & Marketing in Recreation.
This course is a study of financial and marketing concepts, principles, and techniques as they relate to recreation and leisure delivery systems. These include full cost accounting, pricing, financial management, distribution, promotional techniques, marketing plans, alternative funding and proposals. Prerequisite: REC 5380 with a grade of 'C' or better or instructor approval.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course content provides students with program development and administration tools developed and tested within the recreation industry. Topics may include the exploration of programming and organizational theory, administrative processes, and the application of organizational principles to the recreation service delivery systems.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5381. Outdoor Program Leadership and Administration.
Within the role of leadership and administration, students will become knowledgeable in the theoretical foundations of outdoor programs, adventure programming, and wilderness travel. The history of thought surrounding natural places and outdoor recreation will be examined throughout the semester.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5399A. Thesis.
This course represents a student's initial thesis enrollment. No thesis credit is awarded until the student has completed the thesis in REC 5399B.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5399B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
REC 5599B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5999B. Thesis.
This course represents a student's continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit