MASTER OF SCIENCE IN RECREATION AND LEISURE SERVICES (M.S.R.L.S.) MAJOR IN THERAPEUTIC RECREATION

Major Program

The master of science in recreation and leisure services (M.S.R.L.S.) program is designed to prepare administrators, supervisors, educators, consultants, and researchers to assist people toward richer lives through leisure experiences. Therapeutic recreation focuses on enabling individuals with special needs to experience the same leisure options as able-bodied individuals through the use of recreation as a treatment and education modality. Individuals seeking to become a Certified Therapeutic Recreation Specialist (CTRS) would enroll in this option.

A recreation and leisure services major is expected to have a minimum of 18 semester hours of recreation course work on the bachelor's degree. Students in the recreation management major must have undergraduate hours in marketing and management, and demonstrate competency in those areas.

Application Requirements

The items listed below are required for admission consideration for applicable semesters of entry during the 2017-2018 academic year. Submission instructions, additional details, and changes to admission requirements for semesters other than the 2017-2018 academic year can be found on the program’s web page (http://gradcollege.txstate.edu/programs). International students should review the International Admission Documents (http://mycatalog.txstate.edu/graduate/admission-documents/international) section of the catalog for additional requirements.

- completed online ApplyTexas application
- $40 nonrefundable application fee
- $50 nonrefundable international evaluation fee (if applicable)
- baccalaureate degree from a regionally accredited university
- official transcripts required from each four-year institution where course credit was granted
- minimum 2.75 GPA in your last 60 hours of undergraduate course work (plus any completed graduate courses)
- background courses required in:
  - Anatomy & Physiology
  - Abnormal Psychology
  - Human Growth and Development Across the Lifespan
- GRE scores not required
- statement of purpose

TOEFL or IELTS Scores

Non-native English speakers who do not qualify for an English proficiency waiver:

- official TOEFL iBT scores required with a 78 overall
- official IELTS (academic) scores required with a 6.5 overall and
  minimum individual module scores of 6.0

This program does not offer admission if the scores above are not met.

Degree Requirements

M.S.R.L.S. students may pursue a thesis (30 hours) or non-thesis (36 hours) option.

Course Requirements

Non-thesis Option

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>REC 5340</td>
<td>Social Psychology of Recreation and Leisure</td>
<td>3</td>
</tr>
<tr>
<td>REC 5346</td>
<td>Literature and Research</td>
<td>3</td>
</tr>
<tr>
<td>REC 5338</td>
<td>Internship in Therapeutic Recreation</td>
<td>3</td>
</tr>
<tr>
<td>REC 5325</td>
<td>Philosophical Foundations of Therapeutic Recreation</td>
<td>3</td>
</tr>
<tr>
<td>REC 5326</td>
<td>Advanced Practices and Interventions in Therapeutic Recreation</td>
<td>3</td>
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<tr>
<td>REC 5327</td>
<td>Advanced Assessment and Documentation in Therapeutic Recreation</td>
<td>3</td>
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<tr>
<td>REC 5328</td>
<td>Advanced Principles of Therapeutic Recreation</td>
<td>3</td>
</tr>
<tr>
<td>REC 5329</td>
<td>Therapeutic Recreation in Psychiatric Settings</td>
<td>3</td>
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</table>

Recreation Electives (Choose 6 hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>REC 5310</td>
<td>Philosophical Foundations of Recreation &amp; Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REC 5330</td>
<td>Applications of Management and Leadership in Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REC 5350</td>
<td>Legal and Ethical Issues in Recreation and Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REC 5360</td>
<td>Applications of Marketing and Finance in Recreation</td>
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Prescribed Electives (Choose 6 hours)

<table>
<thead>
<tr>
<th>Course Code</th>
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<th>Hours</th>
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<tbody>
<tr>
<td>ESS 5322</td>
<td>Inclusion and Diversity in Physical Activity and Sport</td>
<td></td>
</tr>
<tr>
<td>PSY 5310</td>
<td>Advanced Abnormal Psychology</td>
<td></td>
</tr>
<tr>
<td>SOCI 5316</td>
<td>Seminar in Deviation and Social Problems</td>
<td></td>
</tr>
<tr>
<td>SOCI 5337</td>
<td>Seminar in the Family</td>
<td></td>
</tr>
<tr>
<td>SOCI 5343</td>
<td>Seminar in Criminology</td>
<td></td>
</tr>
<tr>
<td>SOCI 5363</td>
<td>Seminar in Medical Sociology</td>
<td></td>
</tr>
<tr>
<td>SPED 5310</td>
<td>Selected Topics in Special Education</td>
<td></td>
</tr>
<tr>
<td>SPED 5326</td>
<td>Educating Students with Mild Disabilities</td>
<td></td>
</tr>
<tr>
<td>SPED 5327</td>
<td>Educating Students with Autism and Other Developmental Disabilities</td>
<td></td>
</tr>
<tr>
<td>SPED 5360</td>
<td>Survey of Exceptionality</td>
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Total Hours 36

Thesis Option

<table>
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<tr>
<td>REC 5346</td>
<td>Literature and Research</td>
<td>3</td>
</tr>
<tr>
<td>REC 5340</td>
<td>Social Psychology of Recreation and Leisure</td>
<td>3</td>
</tr>
<tr>
<td>ESS 5356</td>
<td>Applied Statistics in Health and Human Performance</td>
<td>3</td>
</tr>
</tbody>
</table>
If a student elects to follow the thesis option for the degree, a committee
direct the written thesis will be established. The thesis must
demonstrate the student’s capability for research and independent
thought. Preparation of the thesis must be in conformity with
the Graduate College Guide to Preparing and Submitting a Thesis or
Dissertation.

The student must submit an official Thesis Proposal Form ([http://www.gradcollege.txstate.edu/forms.html](http://www.gradcollege.txstate.edu/forms.html)) and proposal to his or her thesis committee. Thesis proposals vary by department and discipline. Please see your department for proposal guidelines and requirements. After signing the form and obtaining committee members’ signatures, the graduate advisor’s signature if required by the program and the department chair’s signature, the student must submit the Thesis Proposal Form with one copy of the proposal attached to the dean of The Graduate College for approval before proceeding with research on the thesis. If the thesis research involves human subjects, the student must obtain exemption or approval from the Texas State Institutional Review Board prior to submitting the proposal form to The Graduate College. If the thesis research involves vertebrate animals, the proposal form must include the Texas State IACUC approval code. It is recommended that the thesis proposal form be submitted to the dean of The Graduate College by the end of the student’s enrollment in 5399A. Failure to submit the thesis proposal in a timely fashion may result in delayed graduation.

**Thesis Committee**
The thesis committee must be composed of a minimum of three
approved graduate faculty members.

**Thesis Enrollment and Credit**
The completion of a minimum of six hours of thesis enrollment
is required. For a student’s initial thesis course enrollment, the
student will need to register for thesis course number 5399A. After that, the student will enroll in thesis B courses in their field, e.g., ENG 5399A, ENG 5199B, ENG 5299B, ENG 5399B, ENG 5599B, and ENG 5999B, in each subsequent semester until the thesis is
defended with the department and approved by The Graduate College. Preliminary discussions regarding the selection of a topic and
assignment to a research supervisor will not require enrollment for the
thesis course.

A student will be required to enroll in and pay the fee for at least one hour
of the thesis course during any term in which the student will receive
thesis supervision or guidance and/or in which the student is using
university resources. Failure to register for the thesis course during a
term in which supervision is received may result in postponement of
graduation. After initial enrollment in 5399A, the student will continue to
enroll in a thesis B course as long as it takes to complete the thesis. In
the rare case when a student has not previously enrolled in thesis and
plans to work on and complete the thesis in one term, the student will
enroll in both 5399A and 5399B. The only grades assigned for thesis
courses are PR (progress), CR (credit), W (withdrew), and F (failing). If
acceptable progress is not being made in a thesis course, the instructor
may issue a grade of F. If the student is making acceptable progress,
the grade of PR is assigned until the thesis is completed. The minimum
number of hours of thesis credit (“CR”) will be awarded only after the
thesis has been both approved by The Graduate College and released to
Alkek Library.

A student who has selected the thesis option must be registered for the
thesis course during the term or Summer I (during the summer, the thesis
course runs ten weeks for both sessions) in which the degree will be
conferred.

**Fee Reduction**
A master’s degree candidate for graduation may be eligible for a one-
time fee reduction under V.T.C.A. Education Code, Section 54.054.
Please refer to the section titled Fee Reduction in the Additional Fees and
Expenses chapter of this catalog for more information.

**Thesis Deadlines and Approval Process**
Thesis deadlines are posted on The Graduate College ([http://www.gradcollege.txstate.edu](http://www.gradcollege.txstate.edu)) website under “Current Students.” The completed thesis must be submitted to the chair of the thesis committee
on or before the deadlines listed on The Graduate College website.

The following must be submitted to The Graduate College by the thesis
deadline listed on The Graduate College website:

1. The Thesis Submission Approval Form bearing original (wet) and/or
electronic signatures of the student and all committee members.
2. One (1) PDF of the thesis in final form, approved by all committee
members, uploaded in the online Vireo submission system.

After the dean of The Graduate College approves the thesis, Alkek
Library will harvest the document from the Vireo submission system for
publishing in the Digital Collections database (according to the student’s embargoby selection). **NOTE:** MFA theses will have a permanent embargo
and will never be published to Digital Collections.

While original (wet) signatures are preferred, there may be situations
as determined by the chair of the committee in which obtaining original
signatures is inefficient or has the potential to delay the student’s

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<tr>
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<td>Philosophical Foundations of Therapeutic Recreation</td>
<td>3</td>
</tr>
<tr>
<td>REC 5328</td>
<td>Advanced Principles of Therapeutic Recreation</td>
<td>3</td>
</tr>
<tr>
<td>REC 5327</td>
<td>Independent Study in Recreational Administration</td>
<td>3</td>
</tr>
<tr>
<td>REC 5330</td>
<td>Applications of Management and Leadership in Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REC 5331</td>
<td>Issues and Trends in Recreation and Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REC 5335</td>
<td>Legal and Ethical Issues in Recreation and Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REC 5380</td>
<td>Administering Leisure Delivery Systems</td>
<td>3</td>
</tr>
<tr>
<td>Thesis (Choose a minimum 6 hours)</td>
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<td>6</td>
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<tr>
<td>REC 5199A</td>
<td>Thesis</td>
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</tr>
<tr>
<td>REC 5299A</td>
<td>Thesis</td>
<td>3</td>
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<tr>
<td>REC 5399A</td>
<td>Thesis</td>
<td>3</td>
</tr>
<tr>
<td>REC 5399B</td>
<td>Thesis</td>
<td>3</td>
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<tr>
<td>REC 5599B</td>
<td>Thesis</td>
<td>3</td>
</tr>
<tr>
<td>REC 5999B</td>
<td>Thesis</td>
<td>3</td>
</tr>
</tbody>
</table>

**Total Hours** 30
progress. In those situations, the following methods of signing are acceptable:

- signing and faxing the form
- signing, scanning, and emailing the form
- notifying the department in an email from their university's or institution's email account that the committee chair can sign the form on their behalf
- electronically signing the form using the university's licensed signature platform.

Scanned, faxed, or email communications must be submitted to The Graduate College together with the form containing original signatures.

No copies are required to be submitted to Alkek Library. However, the library will bind copies submitted that the student wants bound for personal use. Personal copies are not required to be printed on archival quality paper. The student will take the personal copies to Alkek Library and pay the binding fee for personal copies.

Master's level courses in Health and Human Performance: REC (p. 3)

Courses Offered
Recreation (REC)

REC 5199B. Thesis.
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis
1 Credit Hour. 1 Lecture Contact Hour. 0 Lab Contact Hours. Grade Mode: Credit/No Credit

REC 5299B. Thesis.
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis
2 Credit Hours. 2 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Credit/No Credit

To introduce and explore the meanings of leisure, leisure behavior, and leisure services from historical, philosophical, sociological, and political perspectives. Students will develop a philosophical view of leisure based on exploration of the history of leisure and the leisure profession as well as consideration of the nature of the individual and society
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

Modern society has increasingly been redefined by practices contextualized by leisure/recreation and embedded in the essence of leisure. Another definer of modern life is technology. This course is a critical survey of the confluence of these two domains, with new meanings made evident. Technology topics may vary. Open to non-majors
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Topics Grade Mode: Standard Letter

REC 5318E. Physical environment, life and leisure I: Built public spaces and the leisure experience.
The physical environment is not only a container of human action, it is also itself experienced by people. This course will examine how the human-made environment is a source of meaning and experience and suggest, consequently, how it can be modeled to facilitate preferences by users. Open to non-majors
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Topics Grade Mode: Standard Letter

REC 5318L. Outdoor Recreation Leadership and Administration.
Students will become knowledgeable of the theoretical foundations of outdoor and adventure recreation programming and sustainable ecotourism. Principles and procedures for developing and leading recreation programs in a variety of specialized, outdoor environments will be studied. Leave No Trace competency and outdoor skills will be analyzed and demonstrated in outdoor settings
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing!Topics Grade Mode: Standard Letter

REC 5318M. Programming for Active Older Adults.
Individuals who work in leisure and aging focus on enhancing the quality of life for individuals aged 55 and over. The population of persons over the age of 65 is growing rapidly and in the US the 'older adult' population now includes members from three distinct age cohort group
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing!Topics Grade Mode: Standard Letter

REC 5320A. Leisure Enhancement in Later Life Dementia Studies in the United Kingdom - Study Abroad.
This study abroad course focuses on selected topics in Therapeutic Recreation in the UK (London, England/Stirling, Scotland) and ties in dementia care site observations and training with St. Christopher's Hospice and Stirling University Dementia Studies program
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Course Attribute(s): Exclude from 3-peat Processing!Topics Grade Mode: Standard Letter

A seminar style course where students investigate current events on the provision of services. This course will address that need
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter

REC 5325. Philosophical Foundations of Therapeutic Recreation.
Course covers therapeutic recreation practices, history of the profession, current trends, and various disabilities and disorders across the lifespan. Through field-based activities, students will develop skills and abilities necessary to provide services to persons with disabilities
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours. Grade Mode: Standard Letter
This course addresses advanced practices and intervention strategies for provision of services to persons with disabilities. Students will gain an understanding of theoretical models and learn how to apply these models when analyzing activity selection and documenting client outcomes. Prerequisite: REC 5325 or REC 5318F
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5327. Advanced Assessment and Documentation in Therapeutic Recreation.
This course provides for the study of advanced assessments and documentation related to persons with disabilities. Students will gain an understanding of standardized assessments in therapeutic recreation, including composition, implementation, and evaluation of results. Prerequisite: REC 5318F or REC 5325
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5328. Advanced Principles of Therapeutic Recreation.
In this course students apply advanced principles of therapeutic recreation related to persons with psychological disorders and physical disabilities. The course engages students in advanced case study design and implementation of treatment plan utilizing a transdisciplinary approach to rehabilitation. Prerequisites: REC 5318F or REC 5325 and REC 5318G or REC 5326
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5329. Therapeutic Recreation in Psychiatric Settings.
This course applies an advanced approach of Leisure Education (LE) in the rehabilitation process for persons with psychiatric disorders. Students will have the opportunity in a field-based setting to develop skills and abilities necessary to implement LE in treating persons. Prerequisite: REC 5318F or REC 5325
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course provides an exploration of management issues within recreation administration with an emphasis on the role of the leader as a conduit for effectiveness. Content will include theories and philosophies, processes, accountability, strategic planning, and conflict resolution applications
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5337. Independent Study in Recreational Administration.
Individual study related to recreational administration under direct supervision of a faculty member. May be repeated for additional credit at the discretion of the department chair
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5338. Internship in Therapeutic Recreation.
This course provides the opportunity to complete an intensive, on-site internship under the supervision of a Nationally Certified Therapeutic Recreation Specialist. Students will complete 480 hours in a clinical or community setting. Prerequisite: All master-level coursework required by degree plan and National Council for Therapeutic Recreation Certification guidelines
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5340. Social Psychology of Recreation and Leisure.
To provide an introduction and overview of the personal, social and social-psychological contexts of leisure; utilizing current literature the course will focus on examining leisure and recreation behavior from psychological, sociological and social-psychological constructs that are contributing to a contemporary, interdisciplinary understanding of the leisure phenomenon
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5346. Literature and Research.
Directed reading, reports, and discussions of the current literature in the field of education, a critical analysis of research techniques and the locations and securing of information, together with the steps necessary to the solution of research problems in this field
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5350. Legal and Ethical Issues in Recreation and Leisure Services.
A seminar style course that focuses on legal and ethical issues related to recreation and leisure services. Tort law, participant rights, accessibility, credentialing, and others are topics to be addressed in this course
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5360. Applications of Marketing and Finance in Recreation.
This course is a study of marketing and financial concepts, principles, and techniques as they relate to recreation and leisure delivery systems. These include full cost accounting, pricing, financial management, distribution, promotional techniques, marketing plans, alternative funding and proposals
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

This course content provides students with program development and administration tools developed and tested within the recreation industry. Topics may include the exploration of programming and organizational theory, administrative processes, and the application of the organizational principles to the recreation service delivery systems
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Standard Letter

REC 5399A. Thesis.
This course represents a student's initial thesis enrollment. No thesis credit is awarded until the student has completed the thesis in REC 5399B. Graded on a credit (CR), progress (PR), no credit (F) basis
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit
REC 5399B. Thesis.
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.
3 Credit Hours. 3 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5599B. Thesis.
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.
5 Credit Hours. 5 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit

REC 5999B. Thesis.
This course represents a student’s continued thesis enrollment. No thesis credit is awarded until the thesis is submitted for binding. Graded on a credit (CR), progress (PR), no credit (F) basis.
9 Credit Hours. 9 Lecture Contact Hours. 0 Lab Contact Hours.
Grade Mode: Credit/No Credit