Texas State offers the interdisciplinary studies program leading to the degrees of master of arts in interdisciplinary studies (M.A.I.S.) or master of science in interdisciplinary studies (M.S.I.S.) and is designed for the mature student whose educational needs will be best met by a nontraditional course of study. Interdisciplinary studies programs may be composed of courses selected from any department at Texas State that offers graduate courses. However, the interdisciplinary studies program requires that course work meet the following requirements:

- The degree requires a minimum of 39 semester credit hours;
- Courses must be selected from 3 colleges;
- Courses must be selected from 4 departments, with at least six hours completed in 3 of these departments;
- A maximum of 15 hours of course work in any one department may be used for degree credit; Thesis and non-thesis options are available;
- Any degree plan is tentative until it has been approved by the dean of The Graduate College.

The degree also requires passing the comprehensive examination(s).

The interdisciplinary studies program does not replace the traditional academic program in any area. Persons whose educational goals are best met by established programs should enroll in those areas. Students who wish to consider a program of interdisciplinary studies should confer with the interdisciplinary studies graduate advisor in the appropriate academic department or college.