

BACHELOR OF EXERCISE AND SPORTS SCIENCE (B.E.S.S.) MAJOR IN EXERCISE AND SPORTS SCIENCE (TEACHER CERTIFICATION IN PHYSICAL EDUCATION, EARLY CHILDHOOD THROUGH GRADE TWELVE)

Minimum required: 125 semester credit hours

Admission Requirement

- All students pursuing teacher certification must apply and be accepted to the Office of Educator Preparation (<http://mycatalog.txstate.edu/undergraduate/education/office-of-educator-preparation/>).

General Requirements

- A minor or second teaching field is required and must not be a minor in Exercise and Sports Science or a minor in Coaching Athletics. Courses toward a second teaching field are recommended to improve job opportunities. The degree plan below is based on an 18-hour minor or second teaching field. Certain minors and second teaching fields may increase the total number of credit hours required for degree completion. Consult an academic advisor for a list of available second teaching fields and recommended minors.
- A 2.5 Major GPA and an Overall GPA of 2.75 is required to graduate. If declared, a 2.5 GPA is required within the second teaching field and a 2.0 is required within the minor to graduate.
- All Major as well as Pedagogy and Professional Responsibility courses must be completed with a grade of "C" or better.
- Students entering Texas State with fewer than 16 hours completed after high school graduation will be required to take US 1100. All others will be exempt from taking this course, but will be required to earn an additional free elective, if needed, to reach the 120 minimum total hour requirement for the awarding of a degree.
- To complete the predetermined sequence of courses in 4 years, students will most likely need to attend summer sessions.
- The general education core curriculum courses are listed in the degree plan below along with the statewide component code number. See the General Education Core Curriculum (<http://mycatalog.txstate.edu/undergraduate/general-education-core-curriculum/>) section of this catalog for the Texas State requirements and options in the core curriculum, including Honors courses.
- The Texas Education Agency (TEA) requires multiple background checks for progression through the Educator Preparation Program. Based on information recorded in your criminal history, you may be ineligible for issuance of a teaching certificate upon completion of the Educator Preparation Program. If you have a criminal history, you

may obtain a Preliminary Criminal History Evaluation from TEA. For more information, go to: https://tea.texas.gov/Texas_Educators/Investigations/Preliminary_Criminal_History_Evaluation-FAQs/.

Course Requirements

		Freshman	
		First Semester Hours	Second Semester Hours
COMM 1310 (Component Area Option Code 090/091 [TCCN SPCH 1311])	3	ENG 1320 (Communication Component Code 010 [TCCN ENGL 1302])	3
ENG 1310 (Communication Component Code 010 [TCCN ENGL 1301])	3	MATH 1315 (Mathematics Component Code 020 [TCCN MATH 1314])	3
ESS 1310	3	Life and Physical Sciences Component Code 030	3
POSI 2310 (Government/Political Science Component Code 070 [TCCN GOVT 2306])	3	PHIL 1305 (Language, Philosophy, and Culture Component Code 040 [TCCN PHIL 1301 or 2306])	3
Life and Physical Sciences Component Code 030	3	ART 2313, DAN 2313, MU 2313, or TH 2313 (Creative Arts Component Code 050 [TCCN HUMA 1315])	3
US 1100	1	POSI 2320 (Government/Political Science Component Code 070 [TCCN GOVT 2305])	3
16		18	
		Sophomore	
		First Semester Hours	Second Semester Hours
AT 2356	3	ESS/PFW Major Activity Team Sports ²	1
BIO 2430 (TCCN BIOL 2404) ¹	4	ESS/PFW Major Activity Individual Sports ²	1
American History Component Code 060	3	ESS/PFW Major Activity Conditioning ²	1
ESS 2320	3	American History Component Code 060	3
ESS 1100	1	Minor or Second Teaching Field	6
ESS 1179	1	Social and Behavioral Sciences Component Code 080	3
Minor or Second Teaching Field	3	ENG Literature (Component Area Option Code 090/094) [TCCN ENGL 2322, 2323, 2332, 2333, 2327 or 2328]	3
18		18	
		Junior	
		First Semester Hours	Second Semester Hours
ESS 3329	3	ESS 3320	3
ESS 3325	3	ESS 3317	3
Minor or Second Teaching Field	6	ESS 3117	1
Education Core: CI 3325	6	H.S. Field-Based Block: CI 4343	9

2 Bachelor of Exercise and Sports Science (B.E.S.S.) Major in Exercise and Sports Science (Teacher Certification in Physical Education, Early Childhood through Grade Twelve)

CI 4332	CI 4370	
	RDG 3323	
	18	16
		Senior
	First Semester Hours	Second Semester Hours
ESS 4323	3	EDST 4380 3
ESS 4624	6	EDST 4381 3
ESS Advanced Elective	3	
Minor or Second Teaching Field	3	
	15	6

Total Hours: 125

¹ While not recommended, previously completed courses in some areas can be substituted for the following degree requirements:

- Any course approved for 020 General Education Core Curriculum, except MATH 1316, can satisfy the MATH 1315 requirement.
- BIO 2451 and BIO 2452 can be used together to satisfy the BIO 2430 requirement.

² ESS/PFW Activity. Students are required to take three ESS/PFW Major Activity courses in the following specific areas: Team Sports, Individual Sports, and Conditioning.

- Team Sports course must be chosen from: ESS 1172 and ESS 1178.
- Individual Sports course must be chosen from: ESS 1128 and ESS 1176.
- Conditioning course must be chosen from: ESS 1175, PFW 1110A, PFW 1110B, PFW 1110F, PFW 1135B, and PFW 1190B.

³ ESS Advanced Elective course must be chosen from: ESS 3321, ESS 3323, ESS 3340, and ESS 4337.