

# BACHELOR OF EXERCISE AND SPORTS SCIENCE (B.E.S.S.) MAJOR IN HEALTH AND FITNESS MANAGEMENT

**Minimum required: 120 semester credit hours**

## General Requirements

- Students must complete a minor in Business Administration, which includes the following courses. An Overall GPA of 2.0 or higher is required to enroll in advanced Business courses. A 2.0 GPA in the minor is required to graduate.

Code	Title	Hours
ECO 2301	Principles of Economics	3
ACC 2301	Accounting in Organizations and Society	3
Select 12 elective hours from the following:		12
BLAW 2361	Legal Environment of Business	
CIS 3317	E-Business	
FIN 3325	Personal Financial Management	
MGT 3303	Management of Organizations	
MKT 3343	Principles of Marketing	
<b>Total Hours</b>		<b>18</b>

- Students entering Texas State with fewer than 16 hours completed after high school graduation will be required to take US 1100. All others will be exempt from taking this course but will be required to earn an additional free elective, if needed, to reach the 120 minimum total hour requirement for the awarding of a degree.
- The general education core curriculum courses are listed in the degree plan below along with the statewide component code number. See the General Education Core Curriculum (<http://mycatalog.txstate.edu/undergraduate/general-education-core-curriculum/>) section of this catalog for the Texas State requirements and options in the core curriculum, including Honors courses.

## Course Requirements

		Freshman	
		First Semester Hours	Second Semester Hours
ENG 1310 (Communication Component Code 010 [TCCN ENGL 1301])	3	ENG 1320 (Communication Component Code 010 [TCCN ENGL 1302])	3
Life and Physical Sciences Component Code 030 <sup>3</sup>	3	Life and Physical Sciences Component Code 0303 <sup>3</sup>	4
MATH 1319 (Mathematics Component Code 020 [TCCN MATH 1324])	3	POSI 2320 (Government/Political Science Component Code 070 [TCCN GOVT 2305])	3
POSI 2310 (Government/Political Science Component Code 070 [TCCN GOVT 2306])	3	AT 2356	3

COMM 1310 (Component Area Option Code 090/091 [TCCN SPCH 1311])	3	ESS 1201	2
US 1100	1	ESS 1101	1
		<b>16</b>	<b>16</b>

Sophomore			
First Semester Hours		Second Semester Hours	
BIO 2430 (TCCN BIOL 2404)	4	ECO 2301 (TCCN ECON 1301)	3
ACC 2301	3	ART 2313, DAN 2313, MU 2313, or TH 2313 (Creative Arts Component Code 050 [TCCN HUMA 1315])	3
ENG Literature (Component Area Option Code 090/094) [ENGL 2322, 2323, 2332, 2333, 2327 or 2328]	3	ESS 1179	1
ESS 1100	1	American History Component Code 060	3
ESS/PFW Major Activity <sup>6</sup>	2	PSY 1300, PFW 1301, or SOCI 1310 (Social and Behavioral Sciences Component Code 080 [TCCN PSYC 2301 or SOCI 1301])	3
American History Component Code 060	3	PHIL 1305 or 1320 (Language, Philosophy, and Culture Component Code 040 [TCCN PHIL 1301 or 2306])	3
		<b>16</b>	<b>16</b>

Junior			
First Semester Hours		Second Semester Hours	
ESS 3317	3	ESS 4317	3
ESS 3117	1	Major Elective	3
Major Elective	3	Minor Elective	3
Minor Elective	3	ESS 3320	3
ESS 3329	3	ESS 4351	3
Support Elective	3	PH 3376	3
		<b>16</b>	<b>18</b>

Senior			
First Semester Hours		Second Semester Hours	
ESS 4318	3	ESS 4660	6
ESS 4320	3		
ESS 4333	3		
Minor Elective	6		
ESS 4100	1		
		<b>16</b>	<b>6</b>

**Total Hours: 120**

- <sup>1</sup> While not recommended, previously completed courses in some areas can be substituted for the following degree requirements:
- Any course approved for O20 General Education Core Curriculum, except MATH 1316, can satisfy the MATH 1319 requirement.
  - BIO 2451 and BIO 2452 can be used together to satisfy the BIO 2430 requirement.
  - ACC 2361 and ACC 2362 can be used together to satisfy the ACC 2301 requirement.
  - ECO 2314 and ECO 2315 can be used together to satisfy the ECO 2301 requirement.
- <sup>2</sup> Students must complete ESS 4660. A 2.5 Overall GPA is required to enroll in the internship. All other coursework must be completed prior to the internship.
- <sup>3</sup> Life and Physical Sciences Component Code 030 courses must be chosen from: BIO 1330, CHEM 1341, CHEM 1342, PHYS 1315, and PHYS 1325. The Life and Physical Sciences lab must be chosen from: BIO 1130, CHEM 1141, CHEM 1142, PHYS 1115, and PHYS 1125.
- <sup>4</sup> Major Elective courses must be chosen from: ESS 3319, ESS 3323, ESS 3340, ESS 4324, and REC 4330.
- <sup>5</sup> Support Elective course must be chosen from: NUTR 3362, NUTR 3364, PSY 3336, PSY 3350, and PSY 3361.
- <sup>6</sup> ESS/PFW Major Activity courses must be chosen from: ESS 1172, ESS 1175, ESS 1176, ESS 1178, PFW 1110A, PFW 1110B, PFW 1110E, PFW 1110F, PFW 1110G, PFW 1130B, PFW 1135B, PFW 1155A, PFW 1155G, PFW 1155H, PFW 1155I, PFW 1160B, PFW 1160C, PFW 1190B, and PFW 1190C.