

# MINOR IN HEALTH AND WELLNESS PROMOTION

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The minor in Health and Wellness Promotion requires 18 semester credit hours. Eligibility for the Certified Health Education Specialist (CHES) certification requires an additional 7 hours of upper-level (3000 or higher) health education (H ED) courses.

| Code                    | Title  | Hours |
|-------------------------|--|-------|
| <b>Required Courses</b> |  |       |
| H ED 1320               | Introduction to Health and Wellness Promotion            | 3     |
| H ED 2340               | Community Health   | 3     |
| H ED 3350               | Consumer Health  | 3     |
| H ED 4336               | Theoretical Foundations of Health and Wellness Promotion | 3     |
| H ED 4640               | Community Health Program Planning and Evaluation         | 6     |
| Total Hours             |  | 18    |