

Minimum required: 120 semester credit hours

General Requirements

- The general education core curriculum courses are listed in the degree plan below along with the statewide component code number. See the General Education Core Curriculum (<http://mycatalog.txstate.edu/undergraduate/general-education-core-curriculum/>) section of this catalog for the Texas State requirements and options in the core curriculum, including Honors courses.
- Students entering Texas State with fewer than 16 hours completed after high school graduation will be required to take US 1100. All others will be exempt from taking this course but will be required to earn an additional free elective, if needed, to reach the 120 minimum total hour requirement for the awarding of a degree.
- Students should be aware that some REC courses may only be offered once a year, during a Fall or Spring semester.
- Graduates are eligible to sit for examinations for the National Council for Therapeutic Recreation Certification (NCTRC) and the Certified Parks and Recreation Professional (CPRP).
- No minor is required in this degree plan because the Therapeutic Recreation courses that are necessary for the NCTRC and CPRP certifications serve to broaden the study of the Recreation Administration major.

Course Requirements

| | | Freshman | |
|--|-----------|---|-----------------------|
| | | First Semester Hours | Second Semester Hours |
| ENG 1310 (Communication Component Code 010 [TCCN ENGL 1301]) | 3 | ENG 1320 (Communication Component Code 010 [TCCN ENGL 1302]) | 3 |
| Life and Physical Sciences Component Code 030 | 3 | Life and Physical Sciences Component Code 030 | 3 |
| MATH 1315 (Mathematics Component Code 020 [TCCN MATH 1314]) ⁴ | 3 | REC 2330 | 3 |
| REC 1310 (TCCN PHED 1336) | 3 | COMM 1310 (Component Area Option Code 090/091 [TCCN SPCH 1311]) | 3 |
| PSY 1300 (Social and Behavioral Sciences Component Code 080) | 3 | PHIL 1305 or 1320 (Language, Philosophy, and Culture Component Code 040 [TCCN PHIL 1301 or 2306]) | 3 |
| US 1100 | 1 | | |
| | 16 | | 15 |

| | | Sophomore | |
|--|---|--|-----------------------|
| | | First Semester Hours | Second Semester Hours |
| American History Component Code 060 | 3 | American History Component Code 060 | 3 |
| POSI 2310 (Government/Political Science Component Code 070 [TCCN GOVT 2306]) | 3 | POSI 2320 (Government/Political Science Component Code 070 [TCCN GOVT 2305]) | 3 |
| REC 1370 | 3 | REC 2370 | 3 |

| | | | |
|--|-----------|---|-----------|
| REC 2335 | 3 | PSY 3300 | 3 |
| ENG Literature (Component Area Option Code 090/094) [TCCN ENGL 2322, 2323, 2332, 2333, 2327 or 2328] | 3 | ART 2313, DAN 2313, MU 2313, or TH 2313 (Creative Arts Component Code 050 [TCCN HUMA 1315]) | 3 |
| | | HIM 2360 | 3 |
| | 15 | | 18 |

| | | Junior | |
|----------------------------|-----------|----------------------------|---------------------------|
| | | First Semester Hours | Second Semester Hours |
| PSY 3315 | 3 | REC 3371 | 3 |
| REC 3370 | 3 | REC 3351 | 3 |
| REC 2336 | 3 | NCTRC Eligibility Course | 3 |
| REC 3325 | 3 | Select 1 of the following: | 3 |
| Select 1 of the following: | 3 | REC 1330 | |
| | | REC 1330 | REC 3340 |
| | | REC 3340 | REC 4330 |
| | | REC 4330 | REC 4335 |
| | | REC 4335 | BIO 2430 (TCCN BIOL 2404) |
| NCTRC Eligibility Course | 3 | | 4 |
| | 18 | | 16 |

| | | Senior | |
|--------------------------|-----------|----------------------|-----------------------|
| | | First Semester Hours | Second Semester Hours |
| REC 4350 | 3 | REC 4681 | 6 |
| REC 4380 | 3 | | |
| REC 4370 | 3 | | |
| REC 4371 | 3 | | |
| NCTRC Eligibility Course | 3 | | |
| Elective | 1 | | |
| | 16 | | 6 |

Total Hours: 120

- While not recommended, previously completed courses in some areas can be substituted for the following degree requirements:
 - BIO 2451 and BIO 2452 can be used together to satisfy the BIO 2430 requirement.
- All other coursework must be completed prior to students enrolling in the required internship, REC 4681. Students should be aware that this internship must be completed during a Fall or Spring semester - it cannot be completed in a Summer semester.
- Students must earn grades of "C" or better in each TR sequence course (REC 1370, REC 2370, REC 3370, REC 3371, REC 4370, REC 4371), as well as in REC 4380 as partial fulfillment of requirements to gain Departmental Approval to enroll in REC 4681.
- Any course approved for 020 General Education Core Curriculum can satisfy the MATH 1315 requirement

NCTRC Eligibility Courses

| Code | Title | Hours |
|----------|-----------------------------------|-------|
| ESS 3320 | Biomechanics | 3 |
| ESS 3329 | Motor Learning | 3 |
| PSY 3312 | Adolescent Psychology | 3 |
| PSY 3313 | Psychology of Adulthood and Aging | 3 |
| PSY 3350 | Cognitive Behavioral Therapies | 3 |
| PSY 3361 | Health Psychology | 3 |

2 Bachelor of Science (B.S.) Major in Recreation Studies (Recreational Therapy Concentration)

| | | |
|-----------|---|---|
| SOCI 1310 | Introduction to Sociology | 3 |
| SOCI 3338 | Family Problems | 3 |
| SOCI 3343 | Criminology | 3 |
| SOCI 3347 | Juvenile Delinquency | 3 |
| SOCI 3383 | Aging and Society | 3 |
| SOCI 3384 | The Sociology of Death and Dying | 3 |
| SPED 2360 | Survey of Exceptionalities | 3 |
| SPED 3338 | Educating Students with Emotional/Behavioral Disorders | 3 |
| SPED 4344 | Educating Students with Mild Disabilities | 3 |
| SPED 4381 | Educating Students with Intellectual and Developmental Disabilities | 3 |